



## Our hearts are full of gratitude

As we welcome a new year, we would first like to pause and reflect on the life-changing impact that your support made possible in 2023. Every single person deserves to spend their final days feeling loved, cared for, and at peace. Thanks to you, hundreds of patients and their families experienced loving and compassionate care.

The loving and compassionate care you help make possible is reflected in the comments we constantly receive from patients and family members. We are honoured to share some of the special moments of the people whose lives you touched with your love.

Below is an extract from an email we received from a family member who was in the Hospice with her father-in-law at the time.

*"I'm currently sitting with my beautiful father in-law in one of your rooms at Mary Potter, appreciating the beautiful, loving, and supportive environment you have created for patients here. You are all to be commended on the attention to detail. It's so gratefully received."*

*Continued over the page*

Thanks to you, we could provide this family with care that exceeded their expectations during their most vulnerable moments.

You provided care through programs, additional staff, education, equipment, and patient and family support. You also brought some very special moments of joy and normality to the lives of patients and families, while they were in our care, including visits from local musicians.



One of these local musicians is harpist, Ilona Weir. Ilona visits the Hospice regularly to play music on her harp for patients, families, and the Hospice care team to enjoy. She slowly moves through the corridors of the Hospice, playing a number of beautiful songs on her harp outside each patient's room.

*We were touched to hear that the wife of a patient who had just passed away, took time to pause for a moment to enjoy the music. She commented on how much her late husband had loved listening to the harp.*

You make it possible for special and meaningful moments like this, to happen every single day.

Your support of the Family Kitchen, the Family Room, all the programs and the hundreds of individual patient requests, added another layer of care that really sets the Hospice apart from any other facility providing end-of-life care.

*“My family and I will be forever grateful for the Mary Potter Hospice and everyone (all volunteers & staff regardless of what their roles are) who keep the hospice going, their incredible, ongoing efforts in making this happen & continuing to provide those in need and their families such high-quality care.”*

We wholeheartedly know that providing special care like this wouldn't be possible without you and for that, we are so grateful.

**The impact of your love and support will resonate for many years to come.**

We never lose sight of the fact that donors and supporters make the magic happen.

 **Thank you**

for being at the heart of everything we do and thank you for sharing in our mission to care for people at the end of their lives.



# Thank you

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CLICK TO  
DONATE  
NOW

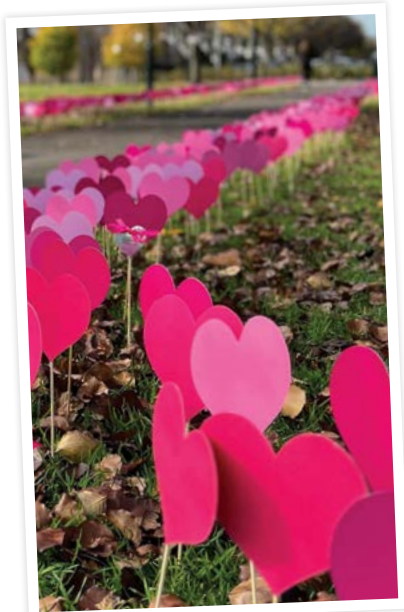




# Caring Hearts Grief Group

CLICK TO  
DONATE  
NOW

The Foundation will be supporting a new grief group in 2024.



The first meeting is next month. This group is open to any immediate family member who has lost a loved one in the Hospice or the Home Care Service.

The group will meet monthly and will be an open group format – offering a social and supportive environment where memories, experiences and challenges can be shared.

There is no cost to you, and no attendance commitment is required. You can come and go to suit your needs. However,

we would like you to let us know if you are attending – for catering purposes only.

Meetings will be held in Connery 2 at Calvary North Adelaide Hospital (next door to the Foundation Office) on the 2nd Tuesday of each month (except January) 10am – 12 noon.

To register your interest for 13th February please email your name and phone number to [reception@marypotter.org.au](mailto:reception@marypotter.org.au) or call us on 08 8239 0119.

## DONOR SPOTLIGHT

### 33 years of support from the Lions Club of Adelaide Italian

The Lions Club of Adelaide Italian have been supporting Mary Potter Hospice since October 1990, making them Honorary Life Members. Their cumulative donations over approximately 33 years is an astonishing \$104,500.

The Lions Club of Adelaide Italian supports a range of community groups and causes and we are so honoured to be amongst them for so many years.

This year they have donated towards the refurbishment of Mary Potter Hospice.

In past years, their support has gone towards a variety of projects including room sponsorship.

We are so grateful for their lifetime of support, unwavering generosity, and commitment to supporting us on our mission to ensure all South Australians have access to exceptional end-of-life care.

 *Thank you*



## MESSAGE FROM OUR EXECUTIVE DIRECTOR LORNA RIDDLE

*'When eating fruit, remember the one who planted the tree'*  
Vietnamese Proverb



Thank you for 'planting trees' in 2023.

The families who experienced the care, and those now in our care are so grateful for what you have done.

The Hospice refurbishment is giving families a modern and functional space to make their own home away from home.

The new beds and mattresses are providing comfort. Replacing the overgrown plants in the garden at Mary Potter, is giving each patient an improved outlook. Purchasing cold-cap machines is now giving patients choices when receiving their chemotherapy. Investing in programs in the Home Care Service, is giving patients access to art, biography, pastoral care, and so much more ...

Thank you for caring for over 600 patients and for 'planting trees' to help more this year.

A new year brings new challenges, but together, we can make a difference in the lives of patients and give their families the strength needed to get through the tough days.

**Lorna Riddle**  
Executive Director

## Refurbishment of Mary Potter Hospice is complete

It started with a bequest and ended with a nearly \$2 million room refurbishment project.


A bequest, and your continuous support has led to the long-awaited completion of a nearly \$2 million room refurbishment project in the Hospice.

This project was started pre-COVID, so it has been a lengthy process, with many interruptions. However, we are so pleased that this new accommodation is now complete. It is now at a standard that reflects the quality of care and is better suited to meet the needs of patients and families.

We now have a total of fifteen freshly refurbished rooms, which has brought us closer to our vision of a modern and welcoming facility for patients, families, visitors, and staff.

We extend our heartfelt thanks to all who have generously donated to this project. Your support has been the cornerstone of our progress, and we are truly humbled by your dedication. Every contribution, no matter the size, has brought us closer to our goal.

These gifts already have and will continue to bless hundreds of patients and families for many years to come. Despite the Hospice being a building site for most of 2023, over 260 families were grateful for the opportunity to receive loving care for someone special in their life.

 **Thanks to you,**  
our vision of creating a comfortable and secure space for countless patients and families in the years ahead became a reality.



## HOW TO *Get involved*

### COMEDY NIGHT **SAVE THE DATE**

**Saturday 24 February 2024 | 6:30pm | Burnside Ballroom**  
**Tickets \$60 | Food and drinks available on the night**

Brace yourself for a night of side-splitting giggles and heartwarming joy. An all-star lineup of comedy geniuses will have you rolling in the aisles. Plus, take a chance on some amazing auctions, raffles and wine wall, all in support of the Foundation.

For more information, visit [adelaiderotary.com.au](https://adelaiderotary.com.au), or alternatively please call us on **08 8239 0119**.

### 2024 WALK FOR LOVE **SAVE THE DATE**

**Sunday 26 May 2024**  
**Registrations open March 2024**

A Walk for Love booklet will be included with your March newsletter.

For more information, please visit [walkforlove.org.au](https://walkforlove.org.au), or alternatively please call us on **08 8239 0119**.



### BECOME A MEMBER OF OUR **HEART FOR HOSPICE MONTHLY GIVING PROGRAM**

Your small monthly gift will provide care for patients and their families when they need it most. Monthly donations are at the heart of the nursing care and extra-special support we provide. To join, complete the *Heart for Hospice* section on the reply slip enclosed or use the QR code to register online. Donations can be for any amount and can stop at any time.



**CLICK TO  
DONATE  
NOW**

### OUR MISSION

Inspiring people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.



**The Mary Potter  
Foundation Inc**

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#### **Business Hours:**

Monday-Thursday  
9am to 5pm,  
and Friday 9am to 4pm



**ORGANISATIONAL  
MEMBER  
CODE COMPLIANT**

*A member of the Professional Body  
for Australian Fundraising*



*A registered charity with the  
Australian Charities and  
Not-for-profits Commission (ACNC)*