

*Thank you for the difference
you made in the lives of
patients and families
throughout 2022/23.*



The Mary Potter
Foundation Inc
ANNUAL REPORT

Our Mission

To inspire people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.

Our Values

Good Stewards
Hug and Delight
Attitude of Gratitude

Lively and Joyful
Learn and Grow



Our Board

Chris Sharpley – Chair	Lisa Davis
Ashlee Fischer – Treasurer	Roger Harvey
Kellie McDonald – Deputy Chair	Sharon Kendall – Calvary Health Care
Paul Tanti	Toni-Ann Miller – Calvary Health Care

Our Patrons

Rick Allert AO FCA	Jenny Hurley AM
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Our Honorary Life Members

Pam Allen	David Gill (<i>dec</i>)	Sisters of the
Rick Allert AO FCA	Anna Giordano	Little Company of Mary
Beverley Arnold	Anthony Harford	Judy Morris
Sue Bardy	Rose Hime & Roy Hime (<i>dec</i>)	Joy Nugent
Cathryn Bawden	Jenny Hurley AM	Order of St John of Jerusalem
Dennis Brown	Dan Huynh MBBS	Angela Romaldi
Margaret Clifford (<i>dec</i>)	Ann Irwin	SA Power Networks
Russell Duncan OAM	Phil Jaquillard	Michael Willson AM KSJ
John Field	Marcus La Vincente AM	
Geraldine Foulis	Lions Club of Adelaide Italian	

Impacting care today, tomorrow, and for future generations



Dear Members and Supporters,

I am delighted to share with you the remarkable progress we've made in the past year.

The Board is thrilled to report the successful completion of Stages 1 and 2 of the Hospice refurbishment, bringing us closer to our vision of a modern and welcoming facility for patients, families, visitors, and staff. 10 of the 15 hospice rooms have now been completely refurbished – and they look fantastic! A huge improvement. Furthermore, we have already commenced Stage 3 of the project which will result in the final 5 rooms being completed – hopefully by Christmas.

We extend our heartfelt thanks to all who have generously donated to this project. Your support has been the cornerstone of our progress, and we are truly humbled by your dedication. Every contribution, no matter the size, has brought us closer to our goal.

In our pursuit of creating a comfortable and secure space for countless patients in the years ahead, we have decided to utilise recent bequests left to the Foundation to help complete this project. The impact of these gifts will resonate for many years to come.

In addition to funding the refurbishment, the Foundation has continued to fund various programs conducted in the Hospice and within the Home Care Program. These include complementary therapies (both skin and massage); Fra Angelico Art;

Pet therapy; family kitchen supplies; funding additional education hours for the nurses; and funding individual patient requests. These programs are designed to provide additional support for patients and their families – over and above the wonderful care provided by the doctors and nurses.

Raising funds in the current economic environment is a challenge for all charities at the moment. Consequently, our Board has been hard at work shaping a new strategic plan that centres on meeting the evolving needs of patients and families. We are exploring new revenue raising sources to broaden our funding base.

However, the cornerstone of our fundraising efforts will always be our loyal donors. None of our achievements would have been possible without your steadfast support. We extend our deepest gratitude to every member and donor who stood by us in the past year. Your belief in our mission has been a driving force, propelling us towards our goals and inspiring us to do even more.

Looking ahead, we recognise the challenges that await us. The path may not always be easy, but with your continued support, we are confident that together, we can create a caring and more compassionate future for those who depend on us.

With heartfelt appreciation,

Chris Sharpley

Chair, The Mary Potter Foundation

Message from the Treasurer

Financial Overview



I am pleased to report that during FY23, the Foundation invested \$2,339,303 into care, facilities and programs for palliative and end-of-life patients in Mary Potter Hospice, the Palliative Home Care Service, Calvary Central Districts, and the Cancer Centres for Adelaide Oncology & Haematology.

The refurbishment of patient rooms and bathrooms in Mary Potter is behind the sharp rise in our level of support over the last 12 months.

Our net operating surplus for the year was \$288,132 which is extremely pleasing. And due to the incredible generosity of nine bequestors, we have transferred \$800,000 to a provision for FY24, to complete the refurbishment project in Mary Potter Hospice.

Ashlee Fischer

Treasurer, The Mary Potter Foundation

Income	2023	2022
Individuals, Businesses, Events & Fundraising	\$1,373,248	\$1,133,978
Bequests	\$1,006,404	\$429,529
Realised Investment gains/(loses)	\$248,554	(\$80,420)
Investment Income	\$782,302	\$1,012,294
Other Income	-	\$3,000
TOTAL INCOME	\$3,410,508	\$2,498,381

Mission		
Contribution to Calvary Health Care SA	\$337,500	\$300,000
Nurse Education and Development	\$62,518	\$43,615
Patient Support	\$561,833	\$461,118
Equipment and Refurbishment	\$1,377,452	\$192,219
Total Mission expenses	\$2,339,303	\$996,952

Other Expenses		
Administration	\$433,451	\$411,177
Fundraising	\$120,138	\$133,581
Other expenses	\$229,484	\$245,867
Total Other Expenses	\$783,073	\$790,625
TOTAL EXPENSES	\$3,122,376	\$1,787,577
Transfer to Corpus Reserve	-	\$700,000
NET OPERATING SURPLUS FOR THE YEAR	\$288,132	\$10,804

Message from our Executive Director

At the heart of everything we do is you – thank you



Dear Members & Supporters,

Thank you for choosing to donate, volunteer and attend our events during 2022-2023. We never lose sight of the fact that donors and supporters make the magic happen. Thank you for being at the heart of everything we do.

Mary Potter Hospice

Over the last 12 months, so much has been achieved including a project close to my heart – the refurbishment of Mary Potter Hospice. There is still a way to go, but by Christmas 2023 the work will be complete. This project was started pre-COVID, so it has been a lengthy process, with many interruptions, but the Hospice is slowly transforming into a beautiful butterfly.

It was a bequest that sparked the refurbishment and nearly \$2 million later, the accommodation will soon be at a standard that reflects the quality of the care. Thank you to everyone who has donated to this project and to the group of bequestors who made the decision to leave a gift in their will, many years ago. Their gifts will bless hundreds of patients and families for many years to come.

Despite the Hospice being a building site for most of the year, over 260 families were grateful for the opportunity to receive loving care for someone special in their life. Your support of the Family Kitchen, the Family Room, all the programs and the hundreds of individual patient requests, added another layer of care that really sets the Hospice apart from any other facility providing end-of-life care.

Palliative Home Care Service

The Foundation's role continues to grow in the Home Care service, with over 110 requests for help during the year. Recognising special celebrations such as birthdays and anniversaries were the most popular. When the nurse arrives at a patient's home with a bunch of flowers, they are so touched by this thoughtful gesture. This level of care is so unexpected, but very much appreciated.

With your help, we also funded equipment hire, particularly for the patients under 65 who are not eligible for government support.

Calvary Cancer Services

Our support this year was 'business as usual'. With four RESTORE workshops and 11 sessions of complementary therapies each week, we were able to serve hundreds of grateful patients. Furthermore, with your help, a cold-cap machine was purchased for the Cancer Centre in Elizabeth Vale, providing a valuable service for many patients in the northern suburbs.

Thank you for entrusting your gifts to us and for helping Calvary continue to be a centre of excellence for palliative care in SA.

Lorna Riddle

Executive Director



♥ Thanks to donor support, we were able to provide hundreds of patients and families with access to a range of programs such as creative arts, beauty therapy, massage, Life Stories creative writing, and even pet therapy.

The Family Kitchen

Over the last 12 months, the Family Kitchen provided much needed support for families and hospitality for visitors to the Hospice. Thanks to the generous support of a family trust (who wish to remain anonymous) and our wonderful donors, the Family Kitchen was able to supply fresh cakes and sandwiches daily, tea and coffee 24/7, as well as a selection of cold drinks and snacks, all free of charge.

The kitchen gives families a resource they never expected but wholeheartedly appreciate. It is so valuable to everyone, particularly for those who come to the Hospice direct from work or school, or who do not wish to leave their loved one's side. The kitchen also offers somewhere to have a break and is also a meeting place where family members get to know others who are in a similar situation. This can provide great comfort when you are feeling quite alone. Just like at home, the Family Kitchen helps our families feel loved and cared for.



Complementary Therapies

This program offers patients and families complementary therapies including massage and beauty therapy. The benefits of this program range from helping to reduce pain and stress, providing relaxation, to simply feeling pampered during a difficult time. All therapies are delivered either in our retreat room or bedside, depending on patient preference. Thanks to your kindness, we were able to extend these therapies to palliative patients in St Helens Ward, twice a week.



Pet Therapy

Along with encouraging patients' pets to visit, thanks to your support, we were able to facilitate weekly visits by therapy dogs and other animals in the Hospice. These animals and their owners make their way around the Hospice giving love and cuddles to patients and families. These visits are particularly special for animal-loving patients who are brought so much joy just being in the presence of a gentle four-legged friend.

Fra Angelico

The Fra Angelico Creative Arts program gives patients the opportunity to create simple and unique art using hand and fingerprints on ceramics. Quite often the finished pieces become lasting mementos treasured by their families.



Life Stories

This program offers patients an opportunity to share their life stories or record special reflections, times, or events. Trained volunteers visit patients to gather information which is then presented to them in the form of a special bound document. It is about sharing words and affirming the value of each person's life in the moments where it matters most. This special book often becomes a treasured memento for the patient's family.

This year marked the 36th annual Walk for Love and surpassed all previous records in both registrations and donations.

A record-breaking Walk for Love



For the first time ever, we exceeded 1,000 registrations and raised over \$150,000 for patient care. If you fundraised or made a gift to show your support, thank you.

The Walk for Love brought together individuals, families, friends, sponsors and staff to honour the lives, courage and memories of their loved ones. We were touched by the generosity of our community and the support we received from 1,036 participants and many donors, sponsors, suppliers and volunteers. We recognise that the Walk for Love would not have been as successful if it weren't for their support.

This year, Ashlee Murphy was our 2023 Walk for Love Ambassador and walked in memory of her beautiful mum Belinda as part of Team Bella. Our heartfelt thanks to Ashlee for sharing her experience and encouraging others to take part in the Walk, to ensure the same level of care her family was gifted, is there for others in the future.

"It was an incredibly moving event. From opportunities along the way to leave tributes and remembrance frames, to activities for the children and professional photographers capturing all the smiles and tears, it was a lovely atmosphere and a great occasion for us to reunite and remember Mum."

Ashlee, 2023 Walk for Love Ambassador.



Our annual Loving Tree Carols Concert is a special way for us to come together to remember loved ones who are missed every day, but especially over the Christmas season.

Loving Tree Carols Concert at St Francis Xavier Cathedral

Last year, the Loving Tree Carols Concert was held at St Francis Xavier Cathedral in Wakefield St. for the first time ever. Hosted by Mike Smithson, with Christmas Carols and music performed by the Adelaide Symphony Orchestra, Adelaide Male Voice Choir, and St Peter's Woodlands Grammar School Student Choir, over 950 donors, supporters, students, family and friends came together to remember their loved ones. From the cathedral's architecture and mellow lighting to families singing in unity, it was a truly special evening and memorable event. Thank you to all who were able to attend. We hope you enjoyed it.

The highlight of the evening was the Lighting of the Loving Tree and the reading of the names of those being remembered with love at Christmas – all via candlelight. The piper playing Amazing Grace was also very moving.

The move from an outdoor event to the Cathedral was a difficult decision to make, however, there are no regrets. The church is a beautiful backdrop for this very special annual event. Thank you to all who were able to attend last year and gave so generously to support patient care at Christmas.





*The entire Mary Potter
Hospice team are
incredibly grateful for
the tremendous support
from The Mary Potter
Foundation because
we can see the sparkle
on the ward every day.*

Welcome to M



Amy's letter from the heart

The Hospice is able to provide gold standard care to every patient we care for due to the generous donations and support from The Mary Potter Foundation. We could not provide such a high standard of holistic care without the support of the Foundation.

Everywhere you look in the Hospice you can see the Foundation at work, it's in the fully stocked family kitchen, the complementary therapies, the arts program, pet therapy, the welcome packs and family dinners.

*The support from the Foundation adds the **sparkle** to the Hospice and helps to create a warm and loving environment for patients and families to feel safe and loved as they make precious memories in the last days of their lives together.*

All of the special events delivered by the Foundation make a huge difference to the atmosphere, from gifts at Christmas and Easter to Mother's Day; acknowledging all of these special occasions helps patients and families to create more loving memories.

The family kitchen is an important space in the Hospice, it's where different patients, families and friend's come together finding comfort in the many different foods that are available and in the new friendships that are formed. I often see members from different families talking and supporting one another in the kitchen, and I know that some have remained friends long after these relationships have been formed.



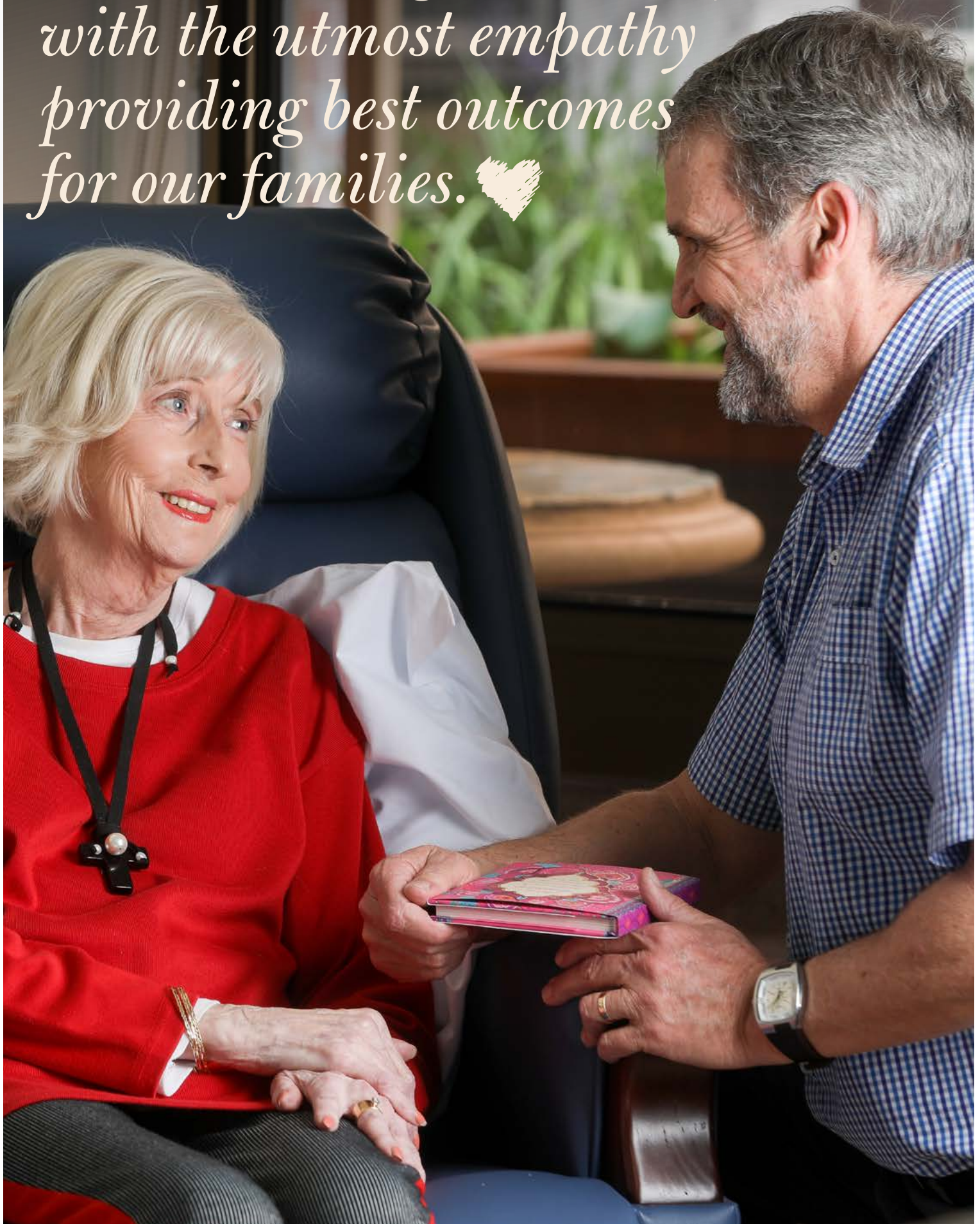
Furthermore, the refurbishment has made the world of difference to the patient experience, the rooms are homely, warm and modern; they are a home away from home for patients and families which is so important in their end of life journey.

The entire Mary Potter Hospice team are incredibly grateful for the tremendous support from The Mary Potter Foundation because we can see the *sparkle* on the ward every day. No special request goes unanswered, allowing patients to die peacefully surrounded by family with many beautiful lasting memories created during their time surrounded by love in Mary Potter Hospice.

Amy Williams

Clinical Manager, Mary Potter Hospice

*... [we] will continue to strive to
provide the highest quality care
with the utmost empathy
providing best outcomes
for our families. ❤️*



From little things big things grow

As they say, 'from little things big things grow' and as I reflect back having just celebrated our 5th anniversary, this certainly holds true for Calvary Palliative Home Care.

Our service was established to provide patients with better options as to where their care was delivered with the aim to provide a higher quality of patient and carer experience. Together with our close collaboration with Mary Potter Hospice, we have also ensured that patients have experienced a more seamless transition between care environments of home or hospice when required.

The service began in 2018 with three nurses and now has a team of seven nurses, a social worker and admin support officer as we continue to deliver high quality palliative care and support to those who wish to remain in the privacy and comfort of their own home.

Over the past year, we have provided a record 3235 home visits culminating in more than 11,500 home visits across the five years. Our social worker provides information and options to our patients, empowering them to make decisions and to use their existing strengths and capability to overcome challenges that



arise. Our once 'nursing' service has now evolved into a complete program supporting a holistic based philosophy. **With the support of the Foundation, patients and their families have celebrated birthdays and anniversaries, family get-togethers, Easter and Christmas – all helping to create precious memories for families to treasure.**

You can be assured that our committed team together with your generous support will continue to strive to provide the highest quality care with the utmost empathy providing best outcomes for our families. Thank you again!

Kevin Hardy

Nurse Practitioner, Palliative Home Care

Testimonial

"I write this note to thank the wonderful group of nurses who attended to my wonderful wife. Through the help of this lovely group of people, it enabled me to keep my wife at home until her death. Our family are most thankful for the support of the entire team and my wife always enjoyed the visits, help and advice she received. The people behind the scenes also need praise with the gifts and recognition of special occasions, birthdays etc. With much thanks."

*The kindness and generosity of the business community, trusts and foundations, schools, community groups and churches is vital for the ongoing funding of exceptional care at Mary Potter Hospice and Palliative Home Care Services.
Thank you for your generous support in 2022/2023.*

Key Partners & Supporters

Event Partners

SA Power Networks
SA Power Networks Employee Foundation
DBH Lawyers
RAA
Cirelli Coffee
Ceravolo Orchards

Corporate Partners

Pro Health Care
Vili's
Kalymnos Pastries
PharmaSave Wayville
Rundle Mall Plaza

Trusts and Foundations

Australian Executive Trustees
The Lin Huddleston Charitable Foundation
Mutual Trust
We would like to acknowledge the generosity of the family trusts and charitable foundations who have asked to remain anonymous.

We would also like to acknowledge ...

... the generosity of the quilting groups and individuals who donate hundreds of quilts each year to our Quilt Program.

Community Groups, Schools, Service Clubs and Churches

Order of St John of Jerusalem
Lions Club of Richmond
Lions Club of Adelaide Italian
Lions Club of Blackwood
Lions Club of Prospect-Blair Athol
Rotary Club of Adelaide
Rotary Club of West Torrens
Associazione Trevisani Nel Mondo
Croatian Women's Auxiliary
The Mary Potter Foundation Associated Auxiliary
Catholic Women's League
Knights of the Southern Cross Port Augusta
Knights of the Southern Cross
Brighton-Marion-Hallett Cove-Glenelg
Knights of the Southern Cross Woodville-Thebarton
Knights of the Southern Cross Southern Fleurieu
Knights of the Southern Cross Copper Coast
Philopthous Society of St George – Thebarton
Re-Gen Charity Shop
Blackfriars Old Scholars Football Club
Waikerie Football Club
Strathalbyn Football Club
St Dominic's Priory College
Blackfriars Priory School
Nazareth Secondary College
St Peter's Woodlands Grammar School
Adelaide Male Voice Choir
St Francis Xavier Cathedral
Adelaide Symphony Orchestra

We recognise the contribution of our talented volunteers who give the Foundation the ability to deliver an exceptional level of support for Calvary, and our supporters.

We celebrate and say thank you to our beautiful volunteers

When we look back at what we have achieved over the last 12 months, it is truly remarkable. However, we rely on an amazing group of volunteers who willingly support the work we do in so many ways.

It's volunteers that collect donations at funerals, work tirelessly in every corner of our events before, during, and after the event, help us with office administration tasks, prepare the quilts, set up Christmas trees outside patient rooms, decorate the Hospice at Christmas, curate the artwork in the Hospice, wrap gifts and a hundred other tasks (including dressing up as the Easter Bunny). All done with a loving heart and a warm smile!

Thank you Volunteers for your service and dedication.

We are indebted to you for choosing to support the work we do.

So many patients and families have a much richer experience because of you.



“Love is the moving power of our world ... if you would bring healing ... bring love.” Venerable Mary Potter

The Mary Potter Foundation Inc

Ground Floor, Connery House
Calvary North Adelaide Hospital
89 Strangways Terrace
PO Box 2003
North Adelaide SA 5006
08 8239 0119
reception@marypotter.org.au
marypotter.org.au

