



mary potter *matters*

EDITION 3, 2023

Mary Potter was the Rolls Royce of care, thanks to you

Judy remembers the wonderful care their family received from the moment she and Max arrived at Mary Potter.

From the volunteers and nurses who initiated and co-coordinated Max's care to the hospitality staff, Judy cannot speak more highly of the compassion and love given to Max and their family throughout their journey.

"I have the utmost admiration for all of them. There's no other way to describe our experience at Mary Potter other than the 'Rolls Royce' of palliative care," says Judy.

Max's quilt and the welcome box gifted to him, together with the well-stocked kitchen, made such a difference to the time Max and Judy spent in the Hospice.

Judy reflects fondly on how much her family loved Max's room.

"He had a lovely view of the garden where the extended family could sit together and share their last days with Papa (Max)," says Judy.

Max enjoyed his first ever massage and Judy was spoilt with one too! They also participated in the Fra Angelico Art Program with Michelle, creating treasured mementoes and long lasting memories for Judy.

The crème de la crème was when Social Worker Sigourney, asked Judy if she and Max would like to celebrate their 50th wedding anniversary.



"I have the utmost admiration for all of them. There's no other way to describe our experience at Mary Potter other than the 'Rolls Royce' of palliative care."



Mary Potter was the Rolls Royce of care, thanks to you continued...

Thanks to you, our generous donors, a special Italian dinner was organised the following evening for Max and Judy and their family to enjoy.

The Foundation was able to help Sigourney organise a beautiful table setting complete with a colourful tablecloth, lights, menu and a large bouquet of flowers, not to mention delicious Italian food and drinks. Molto bene!

But the highlight of the evening was still to come.

Shortly after dinner, Pastoral Care Worker Herick arrived and asked Max and Judy if they would like to renew their wedding vows.

An hour later he returned to Max's room and held the special ceremony with their three adult children and Judy's sister present.

The nursing staff took photos and a video so they could treasure the occasion, and Herick presented the couple with a certificate.

Asking Max if he had any words of wisdom to share, Max offered, "Life has its ups and downs and we've certainly had our fair share, but in the end love has prevailed".

Judy will always remember the kindness and love that helped make these special moments possible.

You ensured that the Foundation and the Calvary team could embellish every detail when arranging this special evening for Judy, Max and their family to enjoy.

Judy now supports the Foundation to ensure others can continue to be gifted the 'Rolls Royce' of care just like her family received, and in memory of her beloved Max, the 'Max Factor'.



"Life has its ups and downs and we've certainly had our fair share, but in the end love has prevailed".

This year, Judy attended the Walk for Love with friends and family as a way of remembering Max and to say, "Thanks for the care".

She is also planning a trip to Renmark to personally thank the group who made Max's quilt — something that gave him immense comfort during his final days.

Heart-warming stories from the frontline

Written in their own words, these heart-warming reflections shine a light on the immense impact your support has on our frontline.



Mary Potter Hospice Volunteer

"In my role as a volunteer I see the difference our donors make in the family kitchen and I wish to thank them for it. Having a stocked kitchen means that families who are supporting a loved one don't have to think about meals or where to get coffee. There are always cakes and biscuits to share with visitors who pop in.

Thank you for what you do to provide for the kitchen. We can offer snacks to suit most dietary requirements and there are lots of treats to give a boost on a challenging day. All the treats, food & drinks are provided so generously by you, our donors. You make a difficult time in many people's lives so much easier and bring a smile to so many grateful faces. Thank you for your ongoing generosity."



Pastoral Care Manager

"Dear donors, I always wish that you could see the faces of our North Adelaide and Central Districts patients and their families when they receive the product of your donations. There is a priceless spark of joy in their eyes.

The spark that only comes when your life is hard or coming to an end and you realise that there is someone who cares about you. Thank you for caring for our patients."



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Patient and Family Support Coordinator, and new to Mary Potter Hospice

"As Patient and Family Support Coordinator I am so grateful to be able to act swiftly to make Mary Potter Moments possible for families experiencing Hospice and Palliative Home Care.

I am blessed to be able to represent our donors in this very special role by working alongside staff to deliver patient and family related activities and services supported by the Foundation."

Thank you for the care you bring and the love you share with patients and their families when it matters most.

Thank you for providing a warm welcome and loving farewells



A special thank you to everyone who responded to our request for support to purchase an ongoing supply of flowers for the Hospice.



We had noticed a trend since COVID that less and less patients are receiving flowers from family and friends.

Flowers not only brighten a patient's room and bring joy to the receiver, but the staff use arrangements left behind to dress the room after a patient dies. Staff were worried that this long-held ritual would have to cease.

We are pleased to say that this ritual is here to stay, thanks to you. Several supporters joined our Heart for Hospice monthly giving program specifically to fund the flowers. And others gave a one-off gift.

Your donations are now providing a warm welcome with a small bouquet placed in every patient's room just before they arrive, and the staff now have an abundance of flowers to take care of the loving farewells.

Amy says thank you

Last month the cancer centre at Calvary Central Districts took delivery of a brand-new Paxman Scalp Cooling machine. This machine helps patients retain their hair during chemotherapy treatment.

One of the most asked questions after hearing a cancer diagnosis is about hair loss. It isn't always vanity at play; for many patients they prefer to keep their cancer battle private – they don't want the world to know they have cancer.



This machine is now providing Amy and other patients with the option to minimise their hair loss. We wish Amy well with her treatment and we thank her for sharing her photo with us.

If you have donated to Calvary Cancer Services through our newsletter over the last 12 months –



You have brought care through the RESTORE program and are now helping patients like Amy, who can receive this life-changing treatment at their local cancer centre.

MESSAGE FROM OUR EXECUTIVE DIRECTOR LORNA RIDDLE

A new financial year is upon us. I'm looking forward to completing the Hospice refurbishment and serving our supporters and new families.

But before we dive into planning our AGM, end of year fundraising and our Carols Concert and Lighting of the Loving Tree, I want to take a moment to reflect and to give thanks. Looking back, what I remember most about this past year, is that your compassion brought essential comfort to patients being cared for in the Hospice, in their homes, and the cancer centres.

It takes a community to care for people at the end of their life. We are honoured to have your support.

Thank you so much for the sacrifices you continue to make to keep patients safe and loved.



If you are not a Member and you would like to receive a copy of our Annual Report in October, please email me. I'd love to share with you what has been achieved in the last 12 months.

Lorna Riddle

Executive Director lorna.riddle@marypotter.org.au

DONOR SPOTLIGHT A mother's love, bringing comfort to others in need

When Madelyn's daughter Letitia was in St Helen's ward (located next to the Hospice), it was the visits from Rose, our Complementary Therapist that made life a bit more bearable for them.

Every moment spent having a facial, a manicure, or just a chat, brought much comfort to both mother and daughter during a difficult time.

"This little bit of self-care and pampering for both patients and their families, at a very distressing time, is priceless," says Madelyn.

Rose's visits are remembered fondly by Madelyn. So much so that she decided to give back last year, by raising funds for our Complementary Therapy program at *The Letitia Linke Foundation's Silver Style Gala Ball* held in honour of her daughter Letitia and another close friend Kel (proceeds support research into the early detection of ovarian cancer). Madelyn raised an incredible \$17,045, which covered the cost of complementary therapy in St Helen's for one whole year.

We thank Madelyn for being so selfless; to raise funds for the benefit of another charity.

And we thank YOU – our wonderful supporters, for recognising the importance of caring for patients during their palliative journey by making this program available beyond Mary Potter Hospice. Thank you for the lives you change and the memories you leave behind.



Rose remembers caring for Letitia in St Helens Ward



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BECOME A MEMBER OF OUR HEART FOR HOSPICE MONTHLY GIVING PROGRAM

Your small monthly gift will provide care for patients whenever and wherever they need care.



Monthly donations are at the heart of the nursing care and extraspecial support we provide. To join, complete the *Heart for Hospice* section on the reply slip enclosed or use the QR code to register online. Donations can be for any amount and can stop at any time.

THE MARY POTTER FOUNDATION AND ASSOCIATED AUXILIARY MOVIE AFTERNOON

2:45pm, Sunday 20 August 2023 | The Regal Theatre About My Father starring Robert De Niro | \$25pp

For enquires and tickets please contact **Helen** on **0418 990 876** or our office on **8239 0119**. For tickets: <u>trybooking.com/CJDQF</u>

AIR BARB'S CREW MOVIE AFTERNOON

5pm, Sunday 30 July 2023 | Capri Cinema | Barbie Movie \$35pp + booking fee

To purchase tickets: <u>stickytickets.com.au</u> (search Air Barbs Crew) Contact: **Juliann 0407 394 334** | <u>juliann.andriani@gmail.com</u>

BARBARA'S HIGH TEA

2pm, Sunday 22 October 2023 | Arkaba Hotel | \$55 ticket Hosted by Air Barb's Crew for the Mary Potter Hospice. To purchase tickets: <u>stickytickets.com.au/IRGN9</u> Contact: **Juliann 0407 394 334 | juliann.andriani@gmail.com**

2023 MEMORIAL SERVICES

Maternal Heart Chapel at the Calvary North Adelaide Hospital Wednesday 1 November, 12pm — Catholic Memorial Mass Thursday 9 November, 1:30pm — Ecumenical Memorial Service For more information please call Pastoral Care on 08 8239 9285.

OUR MISSION

Inspiring people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.



Ground Floor, Connery House, rear of Calvary North Adelaide Hospital, 89 Strangways Tce, North Adelaide.

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> Business Hours: Monday-Thursday 9am to 5pm, and Friday 9am to 4pm



ORGANISATIONAL MEMBER CODE COMPLIANT

A member of the Professional Body for Australian Fundraising



A registered charity with the Australian Charities and Not-for-profits Commission (ACNC)



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