

Dear Member,

You're part of a special group of people. You care about patients and their families at a time that really matters. Thanks to you 585 patients and their families received individual, meaningful and compassionate care.

We hope that when you read a series of *letters from the heart* in this annual report, you will understand how truly grateful we all are for your support.

Thank you for the comfort and joy you brought to people during the most difficult time of their life.

From medical care through to emotional and physical support, you have ensured every patient has access to the most wonderful care, when it mattered most.

Thank you for the difference and impact you have made throughout 2021/2022.

Best wishes,

The Board and Staff of The Mary Potter Foundation

Our Mission

To inspire people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.

Our Values

Good stewards Lively and joyful
Hug and delight Learn and grow

Attitude of gratitude

Our Board

Chris Sharpley – Chair John (Joc) O'Connell – Deputy Chair and Treasurer

Lisa Davis Roger Harvey
Kellie McDonald Paul Tanti

Sr Anne Sheridan LCM Sharon Kendall – Calvary Healthcare

Message from the Chair

Thank you for your faithful and loving support



Dear Members,

I am pleased to report that as COVID-19 pandemic restrictions lifted during the year, the Foundation was able to resume all activities and services for the Hospice, Palliative Home Care Service, Calvary Central Districts, and the RESTORE program.

In fact, in some areas we even increased support, thanks to you.

In addition to our usual programs and services, a significant investment was made in equipment for Mary Potter Hospice, including the replacement of all beds, ten new mattresses and two ceiling hoists. Patient comfort is at the heart of what we do. Your gifts have ensured optimum patient comfort for many years into the future.

We allocated more funding to the Home Care Service, extending our practical assistance to families caring for a loved one at home. We witnessed a sharp increase in the number of patients with no or very little support at home and many who were in financial distress. Thank you for helping these patients in so many ways and for giving them the courage to keep going.

The tenth Chip in for Mary Potter Golf Day was held, ably led by our Patron Jenny Hurley AM. This event has now raised more than \$1 million, and has supported numerous projects for the Hospice, Home Care Service and in the community. My sincere thanks to Jenny and her committee for a job well done.

One of the projects supported by the golf day is the current refurbishment, which was placed on hold in 2020 when impacts of the pandemic prevented access to the Hospice. After a long delay, I am delighted to report that the first of 15 rooms has been completed. I have viewed the room personally and it is a credit to all involved.

A special thanks to SA Power Networks, the Van Diemen Foundation, the Barbara Peters Bequest, Golf Day sponsors and the Lehmann family for generously providing funding for the refurbishment of 5 of the 15 patient rooms and bathrooms. One room was completed in FY22, and four more are underway. The Board is committed to raise the funds needed to complete the remaining 10 rooms.

Once again, bequests played a vital role in meeting our commitment to Calvary this year and we were fortunate to receive nine individual bequests. It is difficult to put into words how grateful we are to those who made the decision to support us in this way and leave a lasting legacy to ensure high quality care for others into the future.

Finally, thanks to SA Power Networks for funding the Loving Tree video for Christmas 2021. Unable to host a carols concert for the second consecutive year due to the pandemic, the video was a fitting tribute to loved ones and a wonderful way to keep connected to the families who support us.

On behalf of The Mary Potter Foundation Board, thank you for the difference you made to patient care in 2021/2022.

Chris Sharpley

Chair, The Mary Potter Foundation

Message from the Treasurer

Financial Overview

I am pleased to report that during FY22, the Foundation invested \$996,952 into care, facilities and programs for palliative and end-of-life patients in Mary Potter Hospice, Calvary Central Districts, the Palliative Home Care Service and Adelaide Oncology and Haematology.

This investment was slightly below expectations due to COVID restrictions impacting programs and patient support activities earlier in the year.

Our net operating surplus for the year was \$10,804 which is extremely pleasing during these difficult financial times. We were also able to transfer \$700,000 to a corpus reserve to aid the future commitments of the Foundation.

John O'Connell

Deputy Chair & Treasurer, The Mary Potter Foundation

Income	2022	2021
Individuals, Businesses, Events and Fundraising	\$1,133,978	\$835,138
Bequests	\$429,529	\$570,226
Realised Investment gains/(losses)	(\$80,420)	\$349,671
Investment Income	\$1,012,294	\$506,875
Other income	\$3,000	\$63,000
TOTAL INCOME	\$2,498,381	\$2,324,910
Mission Expenses		
Benevolent funding	\$300,000	\$771,964
Nurse Education and Development	\$43,615	\$28,139
Patient Support	\$461,118	\$359,383
Equipment & Refurbishment	\$192,219	\$16,682
Total Mission Expenses	\$996,952	\$1,176,168
Other expenses		
Administration	\$411,177	\$444,809
Fundraising	\$133,581	\$133,456
Other expenses	\$245,867	\$213,405
Total Other Expenses	<i>\$790,625</i>	\$791,670
TOTAL EXPENSES	\$1,787,577	\$1,967,838
Transfer to Corpus Reserve	\$700,000	-
NET OPERATING SURPLUS FOR THE YEAR	\$10,804	\$357,072

Message from our Executive Director

We have so much to be thankful for and it starts with you



Dear Member,

Whilst we had our fair share of challenges during the year, our commitment to care for people at the end of their life never wavered, thanks to you. I am so grateful to everyone who supports the Foundation – those that provide ongoing support and those that joined us for the first time this year.

Thank you to our Heart for Hospice monthly donors. Your donations are the foundation of our giving program. To have a reliable and constant source of income month after month, means that we can say yes when asked to support a patient in need, even with a moment's notice.

Thank you to our donors and event guests.

You gave generously when we asked through our appeals, newsletters, funerals, and events. You purchased much needed equipment, funded all our programs, and a calendar of events and special requests, just to bring a moment of joy to those in our care.

Thank you to our bequestors. For those who became a bequestor this year – thank you for making the decision to leave a gift in your will. Thank you for ensuring future generations will have access to excellent care. For those whose bequest was triggered, thank you for leaving us a gift in your will. Words cannot describe how grateful we are for the decision you made many years ago.

Thank you to our volunteers. You were there to help us with the Walk for Love and other

events, office tasks, managing the quilts, and attending funerals. You turned our small team of five into a mighty team of more than 20.

Thank you to our sponsors. You generously supported our golf day, and you helped us create a mission-focused Walk for Love for our families and supporters.

Thank you to all our community

fundraisers. From cookbooks to head-shaves; bike rides to high teas, you raised funds and create awareness of the work we do within your networks. You never lost sight of why you do this. Thank you for honouring your loved ones in so many special ways.

Thank you to our service clubs and community groups. You donated generously, cooked barbecues and are the first to help when we need support.

Thank you to our Trusts and Foundations.

You supported us in so many ways. Thank you for investing in what we do. You made a difference to not only the quality of care we provide, but to the lives of those left behind.

Thank you to the medical teams, staff & program therapists. You went above and beyond to ensure every patient received personal and compassionate care. Thank you for giving patients their best possible day – every day. Thank you for giving our supporters the opportunity to make a difference in someone's life.

Lorna Riddle

Executive Director

You provided palliative and hospice care for 294 Hospice patients 248 Calvary Palliative Home Care patients (new referrals) and meaningful support for 43 Calvary Central Districts patients

It is with a grateful heart that we show the extent of your care over the last 12 months. Whilst the COVID-19 pandemic continued to impact some of our therapies and services, for the most part, staff adapted to ensure the individual and meaningful care, programs and services were thoughtfully delivered.

Your impact in 2021/2022

You made possible:

Home care visits	2,804
Welcome packs for patients	337
Children's activity packs	24
Backpacks of Love for children	96
Handmade quilts for patients	337
Participants in the Fra Angelico Creative Arts Program	52
Hours of coordinating the Life Stories (Biography) program	780
Beauty therapy sessions for patients and family members	520
Massage sessions for patients and family members	780
Sandwiches in the Family Kitchen	2,800
Cups of coffee and tea in the Family Kitchen	18,250
Bags of groceries for the Family Kitchen	260
Patient room newly refurbished	1
Individual support requests such as celebrations, special meals, family gatherings and equipment hire	73
Cakes and slices for patients and families including cakes generously supplied by Vili's and Kalymnos Pastries	11,088
Group activities and special occasions including Father's Day, Grand Final Day and Easter	26
Pet Therapy visits	26
Hours of bedside and workshop training	975
Acupuncture treatments through the RESTORE Program	86
Reflexology treatments through the RESTORE Program	327
Massage treatments through the RESTORE Program	902
RESTORE Program workshops (attended by 67 patients)	3



Jacqui's letter from the heart

Dear Members and Supporters of The Mary Potter Foundation,

For the past seven months I have been the Acting Hospice Clinical Manager.

I was already aware of the Foundation's work before I stepped into this role. But now, when there is a need, I am the person going to the Foundation to ask for support. This has opened my eyes to the scope of what you do for the Hospice.

Now I am your greatest advocate.

You provided care through our programs and stocked the Family Kitchen which is an incredible resource for families and visitors. You hired equipment on the advice of our physio so that patients can remain mobile for as long as possible. You cared for my nurses when we were short-staffed due to illness. You repaired and replaced ceiling hoists, you replaced mattresses and provided brand new beds.

You purchased pyjamas for patients who arrive at the Hospice without any. You provided every patient with a welcome pack and a quilt, which is such a surprise and delight when they first arrive. And you made hundreds of individual requests possible – from birthday cakes to favourite meals.

Over the last year I worked closely with the Foundation on the refurbishment. The new rooms and bathrooms are functional and modern. Thank you for investing in this special project. I am looking forward to the completion of all 15 rooms.

In October, when the new Clinical Manager arrives, I will be moving into an educator role to support the nurses in Mary Potter Hospice and the Palliative Home Care Service. This position is fully funded by the Foundation. Thank you for giving me the opportunity to share the benefits of my experience and training with our nursing staff.

Whilst I am excited about my new role, I will always remember what I have learnt over the last few months. Thank you for supporting me and my team during my secondment. So many patients have received the most beautiful care because of our partnership. I will always be grateful to you.

Yours

Acting Clinical Manager – Mary Potter Hospice

Jacqui Willett

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Virginia's letter from the heart

Dear Members and Supporters,

Ken and I were married for 53 years. Before he became ill we managed to enjoy seven years of touring Australia in our caravan. I am forever grateful for that time and the memories we created.

When his illness reached a point where he and his doctor decided it was time for him to enter palliative care, Ken's one and only choice was the Mary Potter Hospice.

It was tough – as a nurse I've cared for many people in my life but it hits you differently when it is palliative and it is one of your own.

From the minute we arrived and welcomed with open arms by all of the nursing staff, Ken felt at home – we all did. He felt at ease knowing his oncologist was just next door but it was the special care received in the Hospice that truly made those final weeks so comfortable and memorable for all the right reasons.

A mad Port Power supporter, the handmade quilt in Port colours gifted to Ken quickly became one of his most prized possessions and he was very particular about how it was folded and where in his room it was placed. It was the most wonderful part of his arrival at Mary Potter. To whoever made this quilt – thank you. It brought so much joy to Ken and now it brings so much comfort to me.

The Port themed surprises didn't stop there. Ken couldn't believe his eyes when a knock came on his door and who was it but Dom Cassisi. No one will know how incredible that was for him – for all of us, just to see him so happy. I am so grateful to the people that made this possible and for the support you give the Foundation to create these special moments. Thank you.

When I reflect on every minute we spent at the Hospice, I give thanks for all of the wonderful nursing staff, the volunteers and the Foundation for making Ken's stay so comfortable and happy, and for supporting me through the journey too. Neither of us could have done that without you.

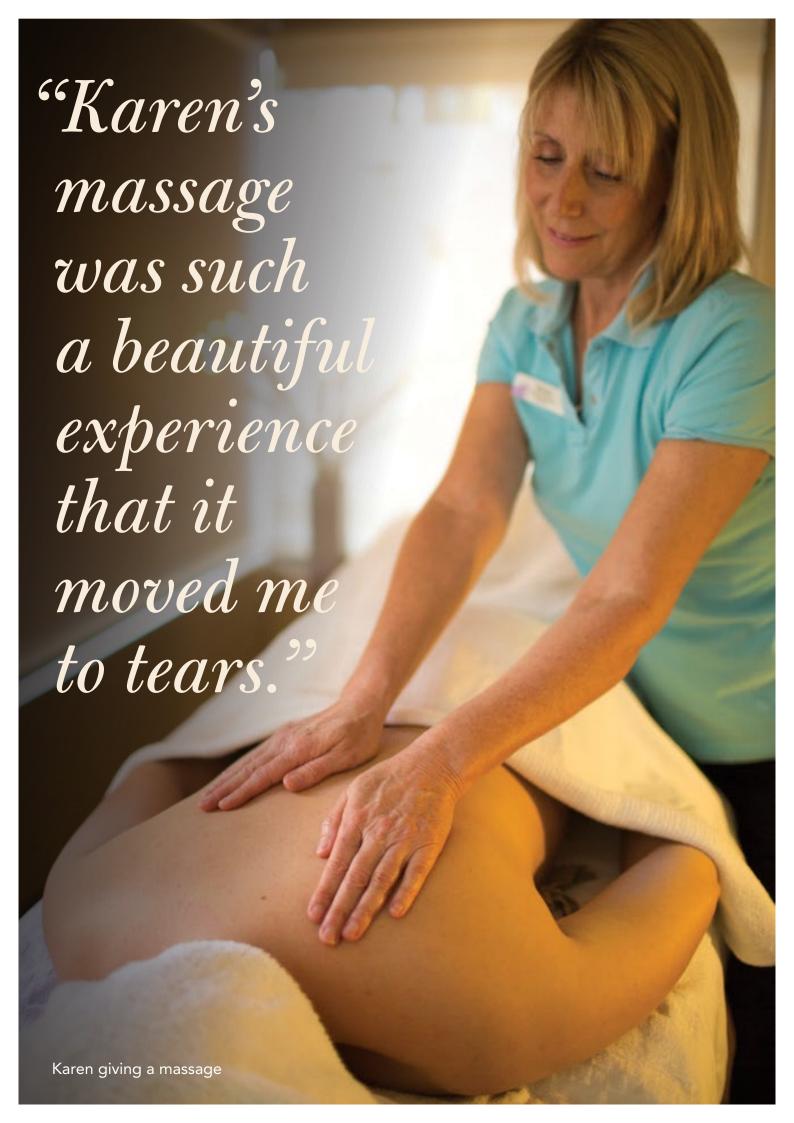
Ken chose Mary Potter Hospice not just because he knew he would receive exceptional care but because he knew I would too. I will be forever grateful to you all for that loving support.

There is nothing I can do that will repay the Hospice for the care we received, so I pay it forward by donating to the Foundation to make sure others can say goodbye so beautifully and peacefully.

When you go to the Mary Potter Hospice they make you feel part of a family – you just don't get that anywhere else. And that is all thanks to you and the generous support you provide.

Thank you,

Virginia



Merilyn's letter from the heart

We received this beautiful message of thanks from a family member whose loved one was still in the Hospice at the time she wrote this letter.

Dear Members and Supporters,

I pass on my sincere thanks to you for organising the lovely lobster dinner and champagne for my father, John*.

He was very touched and wanted to write a letter of thanks himself but unfortunately, he is unable to do so.

He couldn't remember telling the nursing staff that he really liked lobster and champagne so when the meal was wheeled in on a trolley he was quite taken aback and concerned about who was going to pay for it. (This week his wishes were much simpler – a pickled onion and a scone!)

I however, do recall that when my father was in St Helen's ward the nurses had written on the whiteboard, "John would like lobster and champagne".

Now dad is in Mary Potter Hospice and did manage to eat a little lobster and enjoy a few sips of champagne, but experiences a lot of pleasure listening to my son, my partner and myself enjoy the food as well. It was a very generous gift.

My father is also the lucky recipient of a beautiful, patterned quilt of bright cheery colours. I can see that the quilting, done with so much thought and attention to detail, was also made with a lot of love. I understand these quilts are donated by ladies from a quilting society and it would be very much appreciated if you could pass on my father's thanks.

Then there is the beautiful welcome gift box given to my father when he arrived at the Hospice, put together so thoughtfully and made possible by a donation from Dr Aileen Connor AM.

A couple of days ago I was given a lovely surprise when offered a massage by Karen after she had given one to my father. I could not believe it. Only recently my doctor advised me to try and have a regular massage to help ease the stress and tension in my body. However, I never seem to be able to find the time. Karen's massage was such a beautiful experience that it moved me to tears. Please pass on my heartfelt thanks to whomever nominated me for such a treat.

Once again, my deepest gratitude to everyone who is a part of this wonderful, caring compassionate organisation.

Kindest regards,

Merilyn*

*Names changed for patient and family privacy

The kindness and generosity of the business community, trusts and foundations, schools, community groups and churches is vital for the ongoing funding of and exceptional care at Mary Potter Hospice and Palliative Home Care Services.

Thank you for your generous support in 2021/2022.

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Knights of the Southern Cross Brighton-Marion-Hallett Cove-Glenelg

Knights of the Southern Cross Woodville-Thebarton

Knights of the Southern Cross Southern Fleurieu

Woodcroft College

The Green Charity Shop

Blackfrairs Old Scholars Football Club

Philopthous Society of St George – Thebarton

The Waikerie Magpies Football Club

The Strathalbyn Football Club

St Dominic's Priory College

Nazareth Catholic College

St Peter's Woodlands Grammar School

On 14 July 2022, we recognised and celebrated 30 years of support from The Order of Saint John of Jerusalem.

A fitting tribute for 30 years of support

Her Excellency the Honourable Frances Adamson AC, Governor of South Australia, hosted a function at Government House on our behalf, to recognise their generosity and support.

It was a wonderful celebration and a fitting tribute to this special group of people, who have been raising funds for Mary Potter Hospice for 30 years. Since their first gift on 14 July 1993, they have raised an incredible \$510,000 to support patient care.

On behalf of The Mary Potter Foundation Board and staff, and every family who has needed care for someone they love over the past 30 years, we say thank you to The Order of Saint John of Jerusalem.









Dame Cicely Saunders

"You matter because you are you, and you matter to the end of your life. We will do all we can, not only to help you die peacefully, but to LIVE until you die."





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