



EDITION 3, 2022







The Hospice Transformation has begun, thanks to you

Patient rooms and ensuite bathrooms at the Hospice are being renovated. This is to ensure that the facilities and space reflect the high level of care that patients receive.

Intended to create a warm and homely feel, the first stage is the transformation of room 155 – the largest patient room in the Hospice.

Before its decommission, room 155 was a double room and welcomed two patients at any given time. But sharing a room and bathroom in a palliative environment can be challenging and we know that privacy is important to our patients and their family.

Room 155 is now a spacious single room with garden views.

Continued over the page





Newly refurbished room 155 bathroom, thanks to you



The renovation required careful and quiet internal demolition of the room to make way for modern fixtures and finishes.

We are so grateful to the Builders who have been able to minimise disruption to others as they created a place where patients will feel at home.

Besides modern finishes, room 155 features a modified ceiling hoist that is critical to providing a high level of care.

The new recliner offers comfort and modern white shutters fill the room with light while providing outdoor access.

The newly renovated room welcomed its first patient in June.

Hospice Clinical Manager – Jacqui says the refurbishment project is essential as it will enhance the experience of patients while at the Hospice.

"Palliative care means providing comfort, peace, and dignity. By modernising the room and equipment, we are creating a comfortable space that supports us to deliver an even greater level of care."



... for making the first stage of refurbishments possible.

Special thanks to SA Power Networks, Peake and Peters families, van Diemen Foundation, Lehmann family and all participants in the 2020 & 2021 Golf Days.

If you would like to donate to the refurbishment, please use the form enclosed or call to speak to Lorna on 08 8239 0119.



Thank you for giving Christine's family a special Christmas memory

When our first patient support request came through for a palliative patient at Calvary Central Districts Hospital, we jumped at the chance to make it happen.

Christine's favourite time of the year was Christmas.

She had shared with her nurses that she wouldn't be here to celebrate another Christmas with her family.

Staff discussed the possibility of an early Christmas celebration. It would be an opportunity to enjoy one last Christmas together and to say goodbyes.

Thanks to you, Christmas came early for this family.

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Christine Schupelios A gourmet BBQ complete with Christmas bon-bons and decorations was organised for 40 of Christine's closest family and friends in record time.

After the celebration we received a note of thanks from a family member:

"... Your wonderful organisation paid for a very special family luncheon and B.B.Q for well over 40 people... the food was superb and cooked and presented so beautifully. Every possible consideration was given to Christine and our family... Thank you for making this possible – it was a wonderful, memorable occasion."

A few months ago, we caught up with Christine's family at our Walk for Love at Elizabeth Vale. They were walking to remember their wife, mother, and grandmother, and to give thanks for the care Christine received.

Christine's family still remembers this special Christmas celebration. And they haven't forgotten the kindness you showed to them.

Thank you ...

... for supporting Christine and many patients since then, in practical and unexpected ways.

You're giving Home Care patients the support to live well at home

Being cared for in the comfort and familiarity of home is so important to most patients. It also presents the Foundation with an opportunity to support our Home Care patients to remain home for as long and as comfortably as possible.

Because of you, nursing staff and social workers can offer practical assistance to palliative patients living at home. This may be help with domestic tasks or even accessing vital equipment for those not eligible for Government support.

This unexpected support is greatly appreciated and does make a difference to the quality of care for patients like Bill, provided by the nursing team.

Bill died last year in Mary Potter Hospice.

Prior to coming to Mary Potter, he had been a patient in the Home Care Service. On one of our Social Worker's visits, the conversation turned to Bill's greatest concern – his beloved garden. Bill was able to mow the lawn but trimming back trees and bushes and weeding was no longer possible.





The garden that had brought Bill so much pleasure was now causing him great distress and was detracting from all the positives in his life.

Thanks to you, we were able to engage the services of a gardening contractor. Bill took great pleasure in directing the gardeners' every move – to his exact specifications. Soon the garden was back in shape and Bill could start enjoying it again.

Craig, one of our Social Workers, shared with us how your support is having a profound impact on patients like Bill. And not only in practical ways but also emotionally.

"From help in the garden to equipment that makes home care easier, the support being provided by your donors is taking away the worry of everyday tasks and helping those with financial stress get the help they need sooner. I see the impact of what you do and it's wonderful."



... for giving patients extraordinary care to help them live well and make the most of every moment.



"I'm so proud of what you do to ensure patients receive exceptional care wherever they are on their journey."

Message from our Executive Director – Lorna Riddle

After a long delay caused by COVID-19 and material shortages, it is pleasing to see the long-awaited Mary Potter Hospice refurbishment back on track. Patients admitted to room 155 now have surroundings that reflect the beautiful care.

Two more rooms are now underway. It will be a long and slow process to complete all rooms, but the results will be worth it if room 155 is anything to go by. Thank you to everyone who has contributed to the refurbishment to date. Whilst the Hospice refurbishment is a significant project for the Foundation, I want to assure you that our primary focus remains on patient and family care.

CLICK TO

I'm so proud of what you do to ensure patients receive exceptional care wherever they are on their journey. And grateful for the difference you make for their families too – you leave an imprint on the heart of everyone you support.



Beautiful blooms for Mary Potter's Garden

Over the past six months we have given the Hospice's courtyard garden a makeover.

The garden was installed back in 2014, however little has been done since. We've known for some time that the garden needed attention. The watering system wasn't working properly, many plants were overgrown and in other areas, they weren't thriving. And the garden lacked colour.

The garden now looks neat and pleasing to the eye. But the magic will happen in Spring when the plants bloom and fill the area with colour. When Hospice Ward Clerk – Libby returned from leave, she took a moment to let us know she is thrilled with how the planting looks.

"It made me very happy this morning. Patients now have a beautiful garden to enjoy again." "It made me very happy this morning. Patients now have a beautiful garden to enjoy again."







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BECOME A HEART FOR HOSPICE SUPPORTER BY JOINING OUR MONTHLY GIVING PROGRAM



Your small monthly gift will provide care for patients whenever and wherever they need Hospice care.

Monthly donors are at the heart of the nursing care and extra-special support we can provide.

There are three easy payment options for our *Heart for Hospice* monthly supporters including credit card, direct credit, or direct debit (an extra form is required to set up this option). To join, simply complete the *Heart for Hospice* section on the donation form enclosed. Donations can be for any amount and can start and stop at any time.

Thank you to our current *Heart for Hospice* supporters. You give us the confidence to say YES when asked to assist a patient in need.

LOVING TREE CHRISTMAS CONCERT & LIGHTING OF THE LOVING TREE

7.30pm, Wednesday 7 December 2022 St Francis Xavier's Cathedral

For more information: <u>marypotter.org.au</u>

HOSPICE & HOSPITAL AUXILIARY MOVIE AFTERNOON: THE PHANTOM OF THE OPEN

Sunday 21 August 2022 | Regal Cinema, Kensington Rd Doors open 2.45pm, film commences 3.30pm Contact: Helen Martul 0418 990 876 or our office 8239 0119

BARBARA'S HIGH TEA

2pm, Sunday 16 October 2022 | Arkaba Hotel | \$55 ticket Hosted by Air Barb's Crew for the Mary Potter Hospice To purchase tickets, go to <u>www.stickytickets.com.au/IRGN9</u> Contact: Juliann 0407 394 334 | juliann.andriani@gmail.com

OUR MISSION

Inspiring people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.



Ground Floor, Connery House, rear of Calvary North Adelaide Hospital, 89 Strangways Tce, North Adelaide.

> PO Box 2003, North Adelaide SA 5006

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Business Hours: Monday-Thursday 9am to 5pm, and Friday 9am to 4pm



The Mary Potter Foundation is a registered charity with the Australian Charities and Not-for-profits Commission (ACNC)