

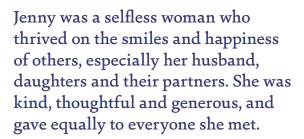




EDITION 2, 2022



More than just a hospital, Mary Potter was like home for Jenny's family, thanks to you



Thanks to the Mary Potter Hospice and the generosity of people like you, her family says Jenny was given the greatest gift of all - to enter end of life care on her own terms.

Jenny became familiar with Mary Potter Hospice during a brief stay in 2019 when she formed strong bonds with doctors and nurses.



So when Jenny returned in 2020, it was with a sigh of relief. Jenny and her family knew what awaited them – a warm, comfortable and safe place where they could be together and celebrate everything they had shared over the years.

"The room always felt warm – there was always so much love and care," says her eldest daughter Natasha.

Elise, Jenny's youngest daughter, says that while it was hard to hand over the reins for her mother's care, it was the best thing that could have happened.

"As soon as we got to the Hospice, we could take a step back and spend time with Mum without worrying about the care she was receiving. This was important because it meant we got to spend that precious time as family, not as caregivers."

And that precious time was the perfect opportunity to reflect on memories and create new ones.

"We laughed more than we cried!" Elise says.

When her children were young, Jenny and her husband Anthony made weekly trips to the beach.

"Every Sunday, Mum and Dad would take us kids to the beach for fish and chips," Natasha reflected.

"So it was touching when the Hospice organised a special lunch of fish and chips for our last Sunday together as a family."

Jenny was a big believer in dessert before dinner, a simple pleasure that Jenny was able to indulge in thanks to special treats organised by the staff.



"Lemon gelati – Mum loved lemon gelati! She always wanted to start with dessert so we'll never forget her last meal was lemon gelati," Natasha says with a smile.

Tony remembers she also took great enjoyment in being pampered while in the Hospice.

"She had never really liked massage treatments in the past, but at the Hospice she loved it – their massage and pedicures just made her feel good. Another experience that showed it is more than just a hospital, Mary Potter is like home."

Jenny loved being outside and the Hospice gave her that freedom and enjoyment.

"Mum loved gardening and her roses, so we'd often sit at the front of the Hospice, just talking and watching people pass by," says Elise.

Tony fondly remembers the sheer happiness on Jenny's face when her beloved fur-grandchild Loki would visit.

"Having access to outdoor areas and direct access to her room meant Jenny could spend time with Loki – she loved her fur-grandchild!"

But there's one gift that keeps on giving.





"The handmade quilt that Mum was gifted on her arrival to the Hospice brought her so much comfort," says Elise.

"Now we all have a quilt from the Hospice. They have strong connections to Mum and all the lovely things she experienced while there, and represent the generosity of strangers.

"Mary Potter Hospice is a really special part of our lives because it was such a big and important part of Mum's."

Natasha adds, "Thanks to Mary Potter, Mum regained control, got back her dignity and did things on her terms. She didn't want to leave us, it wasn't part of her plan, but at Mary Potter she got to enjoy simple pleasures and we had the opportunity to be together as a family".

Thank you

For giving Jenny and her family a place to be together, a place where they were all cared for and for the special experiences that brought Jenny such great happiness.



Thank you for stepping into the Family Kitchen

As our lives continue to be impacted by COVID-19, there have been reports of food supply issues across our State. Thanks to you we are blessed that a food shortage has not been a concern in our Family Kitchen.

Although safety measures have meant our beloved volunteers have had to cease work temporarily in the Family Kitchen, with your support the Foundation team has been able to step in to ensure there are still plenty of delicious food choices available.

While we miss the smiling faces of our volunteers in the kitchen every day and how they lovingly bring that 'home away from home' feeling to the space – we are blessed that you are with us as we step into the kitchen for a while.





May your good work continue

We are always delighted to share with you some of the comments we receive from families who have reached out to say thank you for the care you made possible. This family is no exception. They put pen to paper soon after losing their precious and much-loved husband, father, and grandfather.

To the staff and supporters of The Mary Potter Foundation,

"What a wonderful team you must be, to produce the goods & goodies to support the Mary Potter Hospice & the many patients & families who pass through. From the welcome pack, the beautiful quilt (so lovingly made by special people), the stocked & cared for kitchen & more!

We were treated to a delightful garden morning tea so that my husband's bed could be wheeled out & he could be a part of the celebration of our daughter's birthday. We were overwhelmed by the beautiful care from everyone.

We thank you most sincerely & pray that your good work may continue"

Card received from a grateful family.







Twelve months has passed since this card was received. When we checked in with the family recently, their recollection of the special time they spent together in the Hospice is still with them today.

Thank you ...

for giving this family care in so many unexpected ways.





You can be a part of our 2022 Walk for Love

"It is a way to remember with love and give thanks for the care."

Join us in May to honour the life, courage and memories of someone you love and help us bring compassionate care and loving support to palliative patients and their families.

For detailed information on how you can get involved, please refer to the enclosed booklet or go to <u>walkforlove.org.au</u>

WALK FOR LOVE OPTIONS:

Location: North Adelaide Sunday 29 May 2022 3KM or 7KM Walk – Start times 8am, 9am, 10am or 11am

Location: Elizabeth Vale Sunday 15 May 2022 3KM Walk – Start time 10am

Do Your Own Walk

Choose your own date, time and location in May.

Walk for Me

Sunday 29 May 2022 Let one of our student volunteers walk in memory of someone you love.

All proceeds from our Walk for Love support care and programs in Mary Potter Hospice, the Mary Potter Supportive Care Unit, and Calvary Palliative Home Care Service.

REGISTRATIONS ARE NOW OPEN go to walkforlove.org.au







Paldies



WALK FOR LOVE (NORTH ADELAIDE) SUNDAY 29 MAY 2022 FROM 8AM

Australian Lutheran College, cnr Jeffcott St & Ward St, North Adelaide. Registrations now open at www.walkforlove.org.au Please refer to enclosed booklet.





WALK FOR LOVE (ELIZABETH VALE) SUNDAY 15 MAY 2022 AT 10AM

Calvary Central
Districts Hospital,
25-37 Jarvis Rd, Elizabeth Vale.
Registrations now open at
www.walkforlove.org.au
Please refer to enclosed booklet.

THANK YOU

We sincerely thank the following individuals, groups, and organisations for your recent support:

- Vili's Family Bakery
- Kalymnos Pastries
- The Cookie Club
- Air Barb's Crew
- SA Power Networks Employee Foundation
- The Kerr Family

- Anne Norris
- Georgia Wandtke
- Tia Kyriacou
- Sarah Bevan
- Order of St John
- Help at Home



OUR MISSION

Inspiring people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.



Ground Floor, Connery House, rear of Calvary North Adelaide Hospital, 89 Strangways Tce, North Adelaide.

> PO Box 2003, North Adelaide SA 5006

P: 08 8239 0119
E: reception@marypotter.org.au
W: marypotter.org.au

Business Hours:Monday-Thursday 9am to 5pm,
and Friday 9am to 4pm



The Mary Potter Foundation is a registered charity with the Australian Charities and Not-for-profits Commission (ACNC)



