



MARY POTTER
matters

~
EDITION 4, 2021

A love of family and fishing united, thanks to you

Manuel had two main loves. His family – and fishing. Thanks to your generous gifts to our Loving Tree last year, we were able to celebrate those two passions a few weeks after Christmas.

When Manuel's doctor uttered the words 'palliative care' and then suggested he go to Mary Potter Hospice for the next stage of his care, Manuel and his family didn't want to go.

Out of curiosity, Manuel's daughter Maria came to the Hospice to check it out.

She remembered that only 18 months before, she had been with her dad at Calvary for a procedure and they had walked past the Hospice. "At least you're not in there, Dad", she had said to him. Now she was back here again to look at it for her father.

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She told us, “It was ironic really. But when I spoke to people at Mary Potter, I felt much better. Dad walked through those Hospice doors a couple of days later.”

The day after that, the family took Manuel out for breakfast. There were lots of outings – visits to the boat ramp he loved, visits to restaurants and to his extended family’s homes. Manuel’s room was always full of his children and grandchildren, just as he wanted.

Maria soon saw that the Hospice was about living, not dying. She remembers how they used the Family Kitchen all the time, saying: “We got fat in that kitchen!”

Thanks to your generosity, we were able to plan a special surprise for him.

Being a keen fisherman, we presented Manuel with a large-framed print of himself with a huge snapper he had caught. He was quite overwhelmed – and couldn’t stop smiling, looking at his photo.

Then we brought him outside his room, into the Hospice Garden, with all of his family in tow. Thanks to you, on the table were two huge seafood platters with crabs, prawns, salad, bread rolls, and drinks for everyone. The family couldn’t believe what you did for them. The first thing Manuel did was to pick up a crab and start eating immediately.

After the meal, Manuel’s son said that he hadn’t ever seen his dad eat so much! Everyone was so moved by what you made possible.

Maria told us: “In our darkest hours, the team at Mary Potter Hospice embraced our family – and during those moments, we may have even forgotten why we were there in the first place. Tears of joy, moments of elation and pure happiness to be all together in an environment which made us all, especially Dad, feel nurtured, loved and protected.”

“The team at Mary Potter go above and beyond. They changed our whole perspective on palliative care. They truly are angels in their own right.”

 **Thank you**

for showing Manuel and his family that the Hospice is about living, not dying. If you would like to make a difference for another family this Christmas, please make a gift from your heart using one of the forms enclosed.



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Dedicate a light on the 2021
Loving Tree and remember someone

you love
this Christmas

If you are missing someone this Christmas, take a moment to honour their life by dedicating a Light on the Mary Potter Loving Tree.

The Loving Tree stands at the entrance to Mary Potter Hospice and in December every year, it is lit up for 40 nights with thousands of twinkling lights as a symbol of love for those we wish to remember with love at Christmas.

You can give the most precious gift by dedicating a light on our Loving Tree. It is a beautiful way to celebrate a life of someone special at this time of year.

Not only will you shine a light on someone you love, but your gift will also support one of the many patients and families who will spend their Christmas in our care.

Donate online at marypotter.org.au or use the **form enclosed** to make a gift from your heart. If you dedicate a light, a heart with your loved one's name on it will be added to the Loving Tree. You will also receive a heart for your own tree.



2021 LIGHTING OF THE LOVING TREE CEREMONY

The ceremony will be a virtual event this year and be made available for you to watch at home or with family and friends at marypotter.org.au from 8 December 2021. The Loving Tree Carols Concert from last year will also be available from this date.

Dedicate a light before 26 November 2021, for your loved one's name to be included in an honour roll in this year's ceremony.

For full details, **please read the flyer enclosed** and call us on **08 8239 0119** if you need any more information.

A gift from your heart is a gift of love to patients and families in our care this Christmas.



*Proud Sponsor of the Lighting
of the Mary Potter Loving Tree*

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Your kindness brings moments of bliss to the RESTORE program

Carolyn – a RESTORE massage therapist – shares the way you help improve a patient's quality of life.

The RESTORE program is a gift you bring to patients with cancer. Based at Calvary North Adelaide Hospital and Calvary Central Districts Hospital, this program brings complementary therapies to patients while receiving their chemotherapy.

Carolyn sees the difference massage makes to patients in treatment. She says “you can tell when someone feels relaxed, and it helps the nurses do their job. It lifts people's spirits, provides

comfort and is a welcome distraction. I've had some patients say that I am the reason they come on a particular day. Or that the massage has been the reason they've been able to get through their treatment.”

Thanks to you, Reflexology is now also available through RESTORE at Calvary Central District Hospital. It is a popular therapy that often helps reduce pain, sickness and anxiety.



In Carolyn's words

“Thank you for bringing more moments of bliss through RESTORE.”

Wishing you a blessed Christmas

As the end of the year draws near, we'd like to take a moment to thank you for your support.

Thank you for your friendship and support during this challenging year. You help us bring love, care and support, every day, every hour when it matters most.

We are thinking of everyone who had to say goodbye to someone this year. Or if you are missing someone dear

and can't spend meaningful time with your loved ones this Christmas. Please know you are in our hearts.

We wish you a blessed Christmas and New Year.

**From us at
The Mary Potter Foundation
(L to R) Stevie, Angela, Lorna,
Morgan, Elke and Jess**



CHRISTMAS CLOSURE DATES:

The Mary Potter Foundation office will close from 2pm on Wednesday 22 December 2021. It will re-open on Monday 10 January 2022.

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You and the Chip in for Mary Potter Golf Day – a perfect partnership

If you are familiar with the game of golf, you know it is the follow-through that makes the difference to your results.

A few weeks ago, the 10th Chip in for Mary Potter Golf Day has held. It only seems like yesterday Jenny Hurley and her Committee put pen to paper to create the first event. Ten events later – over \$1m has been raised for projects in Mary Potter and in Regional SA.

Their efforts have been extraordinary – but your support has been equally as important.

Every project has your fingerprints on it because it is your ongoing support which has maintained the facilities and programs created by proceeds from each Golf Day.

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Whilst the Golf Day has been instrumental in improving care and facilities in Mary Potter, it is you who stocks the kitchen every week. It was you who replaced the coffee machine when it stopped working last year. And it was you who recently re-planted the overgrown garden, so that patients will soon be able to overlook a colourful display of plants and flowers from their window.



 Thank you

for following through on the projects completed by the Golf Day so that patients and families coming to Mary Potter can access the care they need.

HOW TO *Get involved*

JOIN HEART FOR HOSPICE CARE MONTHLY GIVING

For only \$10 per month, you can bring love care and support every day, every hour to patients and families in our care. To join, use the **form enclosed** or call **Angela** on **08 8239 0119**.

2022 WALK FOR LOVE

Save the date: **Sunday 29 May 2022**

– North Adelaide

Sunday 15 May 2022

– Elizabeth Vale

(depending on the AFL program)



THANK YOU

We sincerely thank the following groups, volunteers, and organisations for your recent support.

- SA Power Networks Employee Foundation
- Prospect-Blair Athol Lions Club
- Knights of the Southern Cross – Port Augusta
- Brad, his sponsors and cycling support team

Thank you to our 2021 Chip in for Mary Potter Golf Day Sponsors:

Major Sponsors

- Coopers
- Carlton United Breweries
- West End

Hole Sponsors

- Adelaide Tools
- AON
- Bradley Trade Services
- Bidfood Foodservice
- Big Screen Video
- Coca Cola Amatil
- Franklin Advisory
- Hurley Hotel Group

- Perks
- Peter Kittle Motor Company
- PFD
- SA Power Networks Employee Foundation
- SignSave
- Thomas Foods International
- Wicks Estate Wines & Burke Urban

Drinks Cart Sponsor

- Calvary Healthcare SA

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OUR MISSION

Inspiring people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.



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Connery House, rear of
Calvary North Adelaide Hospital,
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E: reception@marypotter.org.au

W: marypotter.org.au

Business Hours:

Monday-Thursday 9am to 5pm,
and Friday 9am to 4pm



*The Mary Potter Foundation
is a registered charity with
the Australian Charities and
Not-for-profits Commission (ACNC)*

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