



The Mary Potter
Foundation Inc
ANNUAL REPORT



*Thank you for the difference
you made in the lives
of our patients and families
throughout 2020/2021. ♡*

Front Cover

The return of our Walk for Love brought families and friends together to honour and celebrate the lives of loved ones.
Pictured – Gina and members of Team Sam.



Thanks to you 530 patients and their families received individual, meaningful and compassionate care. During a turbulent year, your generosity was felt by so many. You brought comfort and care in the most extraordinary ways and helped guide families through. From the medical care through to the emotional and physical support, you ensured every patient had access to the most wonderful care, when it mattered most.

Our Mission

To inspire people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.

Our Values

Good stewards
Hug and delight
Attitude of gratitude

Lively and joyful
Learn and grow

Our Board

Chris Sharpley – Chair
John (Joc) O'Connell – Deputy Chair & Treasurer
Kellie McDonald
Lisa Davis

Paul Tanti
Roger Harvey
Sr Anne Sheridan – LCM
Sharon Kendall – Calvary

Thank you for the gift of care when it was needed most



COVID-19 has changed the way we work and the way we live. We have had to adapt to a new norm, at least for now. But what hasn't changed is the need for your support.

When I look back, I am so thankful for what you made possible for patients and families. Together, we were able to make a difference to the care provided in Mary Potter Hospice, the Palliative Home Care Service, and the palliative units in Calvary Central Districts. Over 500 patients received loving, compassionate, and individual care. And their families were well-supported, thanks to you. Thank you for your kindness and generosity over the last 12 months.

Despite the constant changes brought about by COVID-19, we did manage to host some events and others we adapted.

Lady luck was shining on our Chip in for Mary Potter Golf Day last year. Held just before we were plunged into the three-day lockdown, the event was a huge success. We are so grateful to our Patron, Jenny Hurley, and the Golf Day committee. Their hard work throughout the year delivered an outstanding event.

The Board made the difficult decision to cancel our Christmas Concert last year. In its place, we created a video of the concert and the lighting of the Loving Tree. It was important to keep this 30 plus years tradition going, albeit in a different way.

Thanks must go to the Adelaide Symphony Orchestra, Adelaide Male Voice Choir, students from St Peter's Woodlands, and SA Power Networks for bringing this special concert to life.

In January, the Foundation team started to plan the Walk for Love. With so many events cancelled in 2020, everyone was eager for the Walk to go ahead. Changes were made to the format. We also added varied timeslots and a new location. I am pleased to report that we had our best walk ever. Over 800 family, friends, staff, and volunteers walked to honour loved ones. And over \$100,000.00 was raised for patient care. What an incredible result.

This year we have been fortunate to receive bequests from 10 Estates. We are indebted to everyone for the decision they made to leave a gift to the Foundation in their Will. We are so proud to add these 10 names to our list of bequestors. These generous individuals have left a legacy that extends beyond their lifetime.

In a year that most would like to forget, I would like to remember 2020/2021 for what you did to provide care to families when they really needed it. On behalf of The Mary Potter Foundation Board, thank you for your faithful and loving support.

Chris Sharpley

Chair, The Mary Potter Foundation

Message from the Treasurer

Financial Overview



I am pleased to report that during 2020/2021 \$1.17m was invested in care, facilities and programs for palliative patients and their families. Funding we had allocated for the refurbishment of Mary Potter Hospice was not fully expended so this has been carried forward to 2021/2022.

Thanks to you, we were able to fulfil our commitment to Mary Potter Hospice, the Palliative Home Care Service and Calvary Central Districts Hospital.

John O'Connell

Deputy Chair & Treasurer, The Mary Potter Foundation

Income	2021	2020
Individuals, Businesses, Events and Fundraising	\$835,138	\$897,971
Bequests	\$570,226	\$136,249
Realised Investment gains/(losses)	\$349,671	\$52,416
Investment Income	\$506,875	\$564,372
Other income	\$63,000	\$134,980
TOTAL INCOME	\$2,324,910	\$1,785,988
Mission Expenses		
Benevolent Funding	\$771,964	\$749,480
Nurses Education and Development	\$28,139	\$14,157
Patient support	\$359,383	\$679,392
Equipment & Refurbishment	\$16,682	\$88,521
Total Mission Expenses	\$1,176,168	\$1,531,550
Other expenses		
Administration expenses	\$444,809	\$420,975
Fundraising expenses	\$133,456	\$118,287
Other expenses	\$213,405	\$232,655
Total Other Expenses	\$791,670	\$771,917
TOTAL EXPENSES	\$1,967,838	\$2,303,467
NET OPERATING SURPLUS/(DEFICIT) FOR THE YEAR	\$357,072	(\$517,479)

For a copy of the Treasurer's Report and a full set of Audited Financial Statements at 30 June 2021 call The Mary Potter Foundation on 08 8239 0119 for a copy to be emailed or posted to you.

*Philanthropy is
not about money ...
it's about feeling the pain
of others and caring enough
about their needs – to help.*

TIMOTHY PINA



Thank you for caring about our patients needs this year.

You've made an incredible difference to the lives of so many patients and families over the past 12 months.

When I look back, we didn't complete everything we set out to achieve. Unfortunately, the pandemic slowed progress on the Hospice refurbishment and many programs were suspended temporarily, for the safety of patients and therapists.

But we have so much to be thankful for:

- You brought loving, gentle, and compassionate care to over 400 patients and their families in Mary Potter Hospice. When the demand for care increased, you answered the call.
- You helped us bring a program of individual care to palliative patients in Calvary Central Districts Hospital. The staff are now able to create special moments for patients and their families.

- You enabled us to expand our support of the Palliative Home Care Service by providing practical assistance such as gardening and house cleaning to families caring for a loved one at home.
- You helped us expand the RESTORE program and extend the Hospice's Complementary Therapy program so that every patient can access this personal care.

And when we re-vamped the Walk for Love – you came back strong. Proving that love will always prevail.

Thank you for *feeling the pain of others* and doing what you can to help meet the needs of patients and their families in our care.

Lorna Riddle
Executive Director



Your impact in 2020/2021

It is with a grateful heart that we show the extent of your care over the last 12 months. Whilst COVID-19 impacted some of our therapies and services, for the most part, staff adapted to ensure the individual and meaningful care, programs and services continued.



You cared for:

421

Hospice patients

22

Palliative Home Care patients

87

Calvary Central Districts patients

You made possible:



421

welcome packs
for patients

54

children's
activity packs

361

handmade quilts
for patients



92

patients participated in
the Fra Angelico Creative
Arts Program and

222

mementoes were
made with love

36

Life Stories (Biography)
being written



336

beauty therapy sessions
for patients and family

59

reflexology sessions
for patients and family

214

massage sessions
for patients and family



3,321

sandwiches in the
Family Kitchen

15,330

cups of coffee/tea in
the Family Kitchen

228

bags of groceries for
the Family Kitchen

1

new dishwasher and
coffee machine in
the Family Kitchen



172

individual support
requests such as
celebrations, special
meals, family gatherings
and equipment hire

89

rounds of the
Drinks Trolley

3,360

cakes and slices
for patients and
family including
cakes generously
supplied by Vili's and
Kalymnos Pastries

22

group activities
on special occasions
including Father's Day,
Grand Final Day,
and Easter



362

hours of bedside
and workshop training



36

Pet Therapy visits

24

Backpacks of Love
for children



102

acupuncture treatments
through the RESTORE
Program

397

reflexology treatments
through the RESTORE
Program

1,987

massage treatments
through the RESTORE
Program

3

RESTORE Program
workshops (attended
by 92 patients)

Your gifts at work

Silver linings during COVID-19

When we were faced with social distancing and COVID-19 restrictions in South Australian health facilities, much of the extra care, comfort and joy you help bring to patients and families had to be put on hold. These were challenging times for everyone. When restrictions eased, we felt blessed that you were there to make each day more memorable for patients and their families.

Your gifts made so much possible during the 2020/2021 financial year including:

A toast to farewell mum

In June we launched Russell's Drinks Trolley, named after our volunteer Russell, who built and brought the trolley that we have longed dreamed of, to life!

You help us offer a variety of drinks for patients and families to choose from. The first family to get a taste of the trolley, was a family who only an hour beforehand had to say their final goodbyes to their mum. Her favourite drink – a sparkling wine – was popped and poured to celebrate her life and say farewell to their mum.



The comeback of a sweet old tradition

For anyone who visited the Hospice many years ago, you might remember the *Sweets Trolley*. Thanks to you it has made its way back this year. Volunteers love taking it around in the afternoon, tempting everyone with a variety of cakes and slices. We love nothing more than seeing a patient who has started to lose their appetite – eat something they enjoy. This always brings a smile to the faces of their loved ones.



Individual and Meaningful Care

We responded to 172 individual support requests such as celebrations, special meals, family gatherings and equipment hire. We also held 22 group activities on special occasions such as St Patrick's Day, Mother's Day and Grand Final Day. On Melbourne Cup Day in the Hospice, we had a lot going on! With the Hospice team decked out in bright colours and rocking their fascinators, the Foundation arranged a special guest to do the rounds.

Scarlett a gorgeous little pony made her way around the Hospice, giving love, cuddles and joy to patients, families (and quite a few nurses!). Scarlett brought so many smiles to everyone, and even a few tears.

Keeping the kitchen shelves stocked

The family kitchen continues to be the heart of the Hospice thanks to you. You help us stock the kitchen every week with cereal, coffee, soup, chocolate, cakes and lots of sandwiches in the fridge for patients and their families to enjoy. Family members living in with their loved one are so grateful to have access to the kitchen 24/7.



Creating treasured memories and mementoes to families

The Fra Angelico program was the only program not affected by COVID-19. This program continued right through lockdown, giving patients the opportunity to create mementoes for loved ones – especially those unable to visit due to the restrictions.



Thank you for bringing a touch of Mary Potter to Calvary Central Districts



Thanks to you, we were able to extend our support during 2020/21.

New initiatives in the Mary Potter Units in 2020/21 included:

- a welcome pack for new patients
- funding for patient support activities
- Fra Angelico Creative Arts
- Children's Activity packs
- and in the Cancer Centre – reflexology is now offered during chemotherapy treatments.

At the request of staff, we organised their first Walk for Love. One week before our North Adelaide Walk, we gathered – to honour and give thanks for the lives of loved ones who spent their final days in the care of the Central Districts team. We had such a beautiful day. Thank you for making this event possible. You touched lives and melted hearts that day!

Lachlan Ophof,
General Manager, Calvary
Central Districts, shares his gratitude:

On behalf of my team, I wish to thank you for your generosity this last year. We are thrilled to have your support.

Through your donations, we have been able to finish an upgrade to the family lounge room in the supportive care wing with soft furnishings, entertainment, and morning teas. We have also been able to provide meaningful moments to our patients and their loved ones during their journey with us. During the year, we were able to host two very memorable occasions, an early Christmas for a young family and a party celebrating a 48-year wedding anniversary.

Your donations truly make a difference for our patients, their loved ones and us, and we are extremely grateful.

Thank you for making this care available to palliative patients and their families and patients undergoing cancer treatment at Calvary Central Districts.

A photograph of two women standing outdoors in front of a brick wall and trees. Both women are wearing white surgical face masks. The woman on the left has short grey hair and is wearing a dark top with a colorful pattern. The woman on the right has dark hair and is wearing a blue top with a circular pattern. The text 'The extra care that you make possible through our Social Workers' is overlaid on the image in a large, white, sans-serif font, followed by a small white heart icon.

The extra care that you make possible through our Social Workers ❤️

When a family chooses the time for a loved one to go into Mary Potter Palliative Care Services, they open the doors to a full circle of support that goes beyond nursing and medical care.

Not only do patients and their families gain the support of two professional and caring Social Workers, but they also have you as a supporter in their corner.

Our Social Workers, Sigourney and Isabelle assist patients and their loved ones to navigate the practical and emotional issues that arise during the end-of-life journey, but they couldn't do what they do, without you.

Sigourney and Isabelle are remarkably good at identifying what each person needs. But what makes the support they can offer extraordinary is the partnership they have with you. They know they can rely on you at any time in the patient's journey to help them provide the extra level of care required.

"I know within the shortest of timeframes, I can call on the Foundation to organise anything from a romantic dinner for two, to a birthday celebration for a family. The partnership is profoundly important to the way I can holistically support a patient and their loved ones in my role at Mary Potter Hospice," says Sigourney.

For Isabelle, who supports patients in the Palliative Home Care Service, it is about being able to call the Foundation at any time to arrange for a home cleaner or gardener or for the hire of a hospital bed in the patient's home.

"These 'extras' you help fund make such a difference to the clinical care I can provide. Because of your support, we can help make patients with mobility issues more comfortable and take away some of the stress that a loved one faces in a primary carer role," says Isabelle.

Thank you for being there to answer the call of our Social Workers. You make extraordinary care possible at Mary Potter Hospice and in the Palliative Home Care Service.



RESTORE-ing patient well-being through a global pandemic ♡

Imagine receiving a cancer diagnosis during a global pandemic? It would be a scary, stressful and a completely overwhelming time.

Because of your generosity we have been able to continue to make a positive difference through the RESTORE program. This program supports people receiving cancer treatment at Calvary North Adelaide Hospital and Calvary Central District Hospital.

We met with Shannon, our RESTORE Coordinator who spoke to us about what a difference the RESTORE cancer wellness program makes to patients as we navigate through the COVID-19 pandemic.

Many people living with cancer experience heightened feelings of concern about the risks associated with COVID-19 as people living with cancer may experience a weaker immune system. The RESTORE program offers so much more than the holistic benefits of a 15 minute massage. It allows

the time for a patient to have a chat and overcome feelings of isolation associated with COVID-19 social distancing.

“For a patient to be able to attend their weekly cancer treatment, that allows the gift of time for a patient to enjoy a 15 minute hand or foot massage and a chat with our friendly complementary therapist – it is truly something special. For many it is the only thing they have to look forward to each week...living with a cancer diagnosis can be a particularly isolating time during the COVID-19 pandemic,” says Shannon.

This year we were fortunate to be able to add reflexology at Calvary Central District Hospital thanks to you.

Unfortunately three of the RESTORE workshops were cancelled but as restrictions eased, we were able to continue to offer the workshops once again. Workshops empower patients and their families with knowledge and understanding of what they can do to complement their treatment.

Thank you so much for making the RESTORE program available during a particularly overwhelming year for people living with cancer.

The kindness and generosity of the business community, trusts and foundations, schools, community groups and churches are vital to the funding of Mary Potter Palliative Care Services. Thank you for your generous support in 2020/2021.

Key Partners & Supporters

Golf Day Major Sponsors

West End
Carlton United
Breweries
Coopers

Golf Day Hole Sponsors

Adelaide Tools –
Robert Peach
Bidfood Food Service
Big Screen Video
Burke Urban
Coca-Cola Amatil
Franklin Advisory
Hurley Hotel Group
Perks
Peter Kittle
Motor Company
PFD Food Services
SA Power Networks
Employee Foundation
Sip'n Save
Thomas Foods
International
Wicks Estate

Golf Day Drink Cart Sponsor

Calvary Healthcare SA

Event Partners

SA Power Networks
SA Power Networks
Employee Foundation
Cirrelli Coffee
Duncan Basheer Hannon
Ceravolo Orchards

Corporate Partners

Chemist King Wayville
Created2Print
Kalymnos Pastries
Radiology SA
R V Jordan Property
San Remo
UR Caffè
Vili's

Trusts & Foundations

Australian Executive
Trustees
The Lin Huddleston
Charitable Foundation

Community Groups, Schools, Service Clubs and Churches

Order of St John of Jerusalem
Lions Club of Adelaide Italian
Lions Club of Blackwood
Lions Club of Glenside
Lions Club of Richmond
Lions Club of Prospect-Blair Athol
Rotary Club of West Torrens
Rotary Club of Campbelltown
Associazione Trevisani Nel Mondo
Croatian Women's Auxiliary
Knights of the Southern Cross Pt Augusta
Knights of the Southern Cross
Brighton-Marion-Hallett Cove-Glenelg
Knights of the Southern Cross
Woodville-Thebarton
Knights of the Southern Cross Southern Fleurieu
The Green Charity Shop
Christ the King Catholic Church – Lockleys
Catholic Parish of Clearview/Kilburn
Blackfrairs Old Scholars Football Club
Philopthous Society of St George – Thebarton
The Waikerie Magpies Football Club
The Strathalbyn Football Club
SA Combined Scooter Club
St Dominic's Priory College Adelaide
Blackfriars Priory School
Nazareth Catholic College



Highlights of 2020/2021

Chip in for Mary Potter

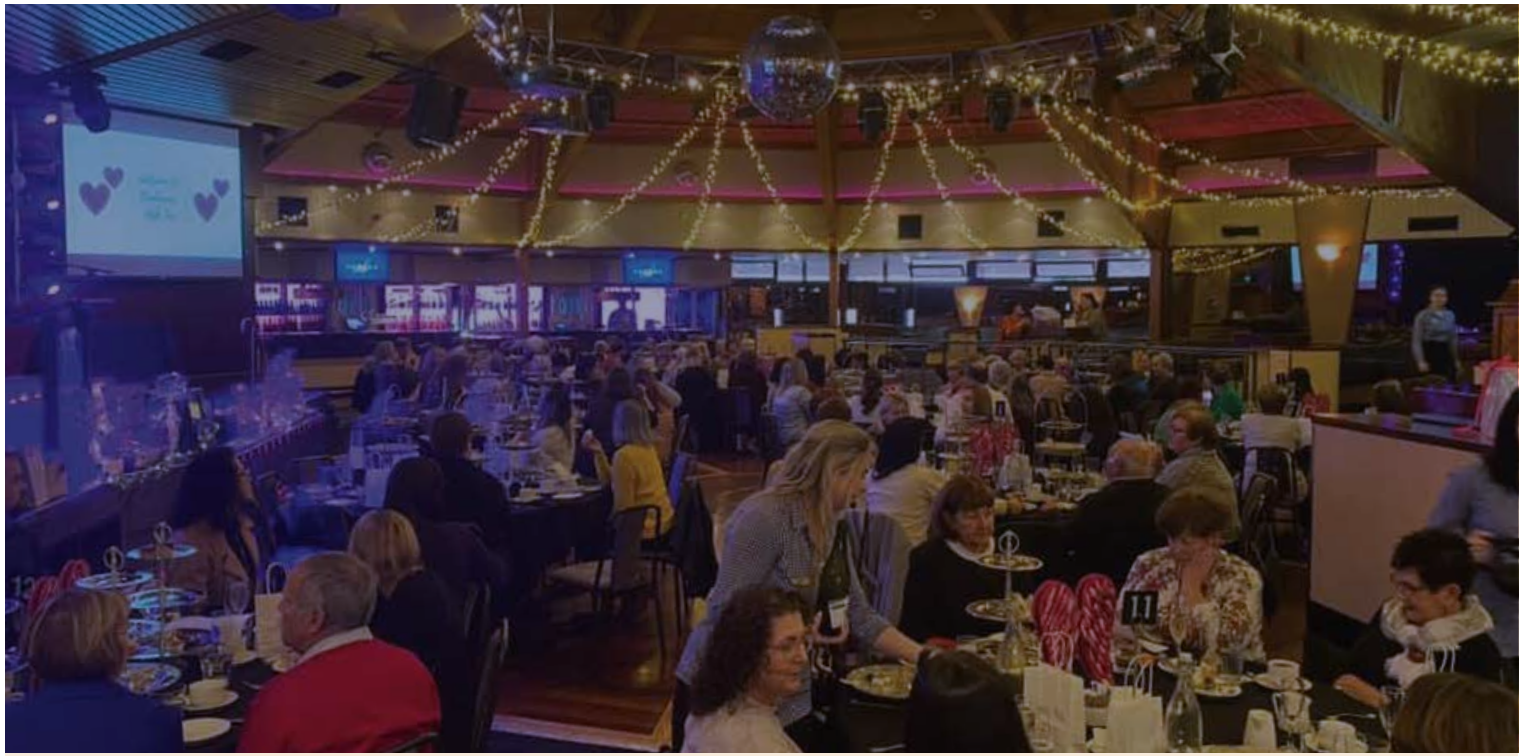
Despite the date being pushed back due to the pandemic, the ninth Golf Day was held in November at Grange. A highlight for many players was meeting Roo on the course and hearing many tales from Rod Marsh at the lunch.

The day raised \$129,001, which has been allocated to the Hospice refurbishment project, providing a much needed update to patient rooms and bathrooms.



Lives honoured, and hearts touched

Cancelled in 2020 due to COVID-19, the 2021 Walk for Love brought families and staff together once again, to remember loved ones and support patient care.



The Loving Tree


We were sad not to be able to gather together in person last year for our annual Loving Tree event, however we were grateful for our community who embraced technology and joined us online for a recorded version of the event. It was still a very special way to remember loved ones at Christmas.



Football matches, a high tea, a head shave, casual days and more!

It was a difficult time for community fundraising in 2020/2021. Despite the restrictions, we were fortunate to have a number of supporters who were still able to organise events. It was an incredibly brave thing to do, in a year that brought much uncertainty.

Dame Cicely Saunders

*“You matter because you are you, and you matter to the end of your life. We will do all we can, not only to help you die peacefully, but to **LIVE** until you die.”* 



THE MARY POTTER FOUNDATION

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