



Reece and Tracey



Tracey loved visits  
from her cat Mushu



## MARY POTTER *matters*

~  
EDITION 1, 2021

# Because of you, Tracey got the family party she'd waited for.

Tracey was a professor, academic, and author – and a much-loved sister, wife, mother, grandmother and friend. She faced life head on. But when she came to the Hospice, she was facing her hardest challenge ever.

Tracey's sister Reece told us: "Tracey had a personality larger than life – so vibrant and full of energy. In the Hospice, she felt so supported. Most importantly, she felt *heard*. Tracey asked a lot of questions, and she trusted the medical team because they always included her in the best pain management and care that was right for her."

Thanks to you, Tracey also spent time with Rose, the Hospice's beauty therapist, where she had soothing massages, and quiet talks about the strength and calmness Tracey had found being in the Hospice. She said: "I can do this now. Being here, I can do this."

*Continued over the page*

CLICK TO  
DONATE  
NOW

Reece was with Tracey constantly. "Tracey and I were incredibly close as sisters, and we were so grateful that I could stay 24 hours a day and emotionally support her. We were humbled when Dr Tabitha Healey arranged a bariatric bed for us, where I could crawl in and be with Tracey. We held hands, laughed, cried, and had nurses accompanying us in meaningful conversations. At times, we knew we needed to lower our voices! All this support, care and patience really helped Tracey and I on our journey of grief."



But there was one more thing Tracey wanted to do. And you made it happen.

Tracey wanted a Onesie party for herself and her family.

Reece said: "It was perfect timing as Tracey's son had travelled from the UK to be with his mum and had just come out of quarantine. So had my husband, who came from Sydney. Not everyone was that keen to be in Onesie dress-ups but they did their best to look jolly happy for Tracey!"

"The celebration was such a wonderful surprise, beautifully presented in the family room. The catering was superb and everyone went to so much trouble. There were colouring-in headbands and art supplies for Tracey's granddaughter – even the grown-ups joined in!"

You provided a Onesie party to remember. Fairy lights, flowers, platters of Tracey's favourite foods, and her favourite Bird in Hand sparkling wine – the same wine served at her wedding to her husband, Philip.

Tracey was surprised and delighted when we brought out a Muratti's chocolate cake, surrounded by Tim-Tams. One of Tracey's nurses, Jacqui, knew that Tracey and Philip had had a Tim-Tam cake for their wedding. Tracey was on such a high that evening, surrounded by all her family. It was a lively and colourful party, just as she wanted.

Reece said "Mary Potter was just exceptional. Tracey felt truly humbled to receive such wonderful care."

 Thank you ...

for giving Tracey these irreplaceable moments with her family. You gave Hospice nurses time to listen and focus on what Tracey really wanted. And you gave her family memories they'll never forget. We are so grateful to you.



CLICK TO  
DONATE  
NOW



## Plates, puppies and peace

Kerryn's beloved mother Jyll died in the Hospice a few weeks before Christmas 2018.

For the past two years, Kerryn has honoured Jyll on Mother's Day and her birthday, by making her mum's favourite carrot and walnut cake, cupcakes and biscuits – and delivering them to the Hospice for patients and families to enjoy together. What a beautiful gesture.

Kerryn is so grateful for the care you made possible for Jyll while she was in the Hospice. Because of your gifts supporting the Fra Angelico Creative Arts program, Jyll was able to create a beautiful piece of ceramic art that Kerryn treasures.

"We can't thank everyone in the Hospice enough for all their kind support and caring of my mum and our family in the six days that Mum spent there. I wish we'd had the opportunity to come earlier."

*"The Hospice was such a beautiful place for us to spend time with Mum, and she truly passed peacefully."*

"I will never forget spending her final day painting a memorial plate with her. I treasure that plate now. The therapy puppies that visited her on a good day were a blessing – as were the volunteers that spent time with her and supported us. Thank you...thank you...thank you."



**Kerryn will never forget the loving support that Jyll and her family received in the Hospice. Your extraordinary gifts make our Fra Angelico and Therapy Pets programs possible.**

*Thank you for being such a blessing to patients and families.*

# You gave Mick and his family their own beachside cruise... Chevy-style.



Mick loved his Indian motorbike. Being in the Hospice, he missed taking it out for a ride and feeling the wind in his face. Feeling very down, he needed something to look forward to. Only the day before, Mick had told his wife Kath he wanted to have fish & chips at the beach, where they used to take long drives together.

Teresa, the Hospice physio, had an idea. What about having a vintage convertible pick up Mick and his family and take them for a drive? Mick loved Chevys, having owned one himself. And thanks to you, a plan came together.

On a sunny, beautiful Sunday morning, a classic 1957 Chevy convertible came to the Hospice to surprise Mick, and take the whole family for a cruise.

*Mick was wearing his Indian motorbike vest, and when he saw the convertible a big smile appeared on his face.*

Mick and George, the Chevy driver/owner, hit it off straightaway, talking about cars and motors and closely inspecting the Chevy together. Kath and their two daughters were so excited seeing Mick's delighted reaction, and the family knew they were in for a special day.



Mick sat upfront and got to feel that wind-rush he'd missed, while George put on some good music and took the scenic route along Semaphore, Grange and Henley Beach.



CLICK TO  
DONATE  
NOW



*You are the reason that we could book a special table outside at Grange Jetty Café for Mick's family.*

There, Mick, Kath, their daughters and sons-in-law, got the seafront fish & chip lunch they wanted, with a bottle of their favourite wine – and some wonderful memories of a special family day together.

When they all hit the road again, driver George stayed beachside for Mick and Kath, cruising along to Glenelg. Mick's appetite was back and he finished the day by eating his favourite lemon meringue pie.

The next day Teresa told us that Mick was still on a high. And thanks to you, we framed a big photo of Mick, Kath and the whole family on their special Chevy cruise and put it in Mick's room. His face lit up!

**You did this. You gave individual and meaningful care to Mick. You brought true joy to this lovely family. They were so grateful for this day you gave them. And we are indebted to you for making it possible.**

*Thank you.*



## The gift of life stories

In its 13th year of giving palliative patients the gift of sharing their memories and reflections, Calvary's Biography Service has a new name – *Life Stories Program*. After Mick completed his life story with one of the Story Recorders, his wife Kath wrote:

*"Mick enjoyed the process immensely - writing his story down gave him a great deal of satisfaction, as a way of leaving something meaningful for his family. Our time with Peter the biographer was affected by the COVID-19 crisis, but Peter was very patient and was able to continue via telephone, which Mick really appreciated. His story has brought great comfort to me and our daughters. The girls have a copy each. Sincere thanks for this wonderful service."*

The *Life Stories Program* is funded and supported by The Mary Potter Foundation.

## HOW TO *Get involved*

### 2021 WALK FOR LOVE

**Save the date: Sunday 30th May**  
Staggered walk times starting from 8.00am at the Australian Lutheran College, cnr Jeffcott St & Ward St, North Adelaide.



Registrations open 1st March. A *Walk for Love* booklet will be included in your March newsletter with more information. For all enquiries, please call Morgan on **08 8239 0119**.

### OUR MISSION

Inspiring people to share our belief that caring for people at the end of their lives is an honour and a privilege and to work with us to support living every day, every hour.



Ground Floor,  
Connery House, rear of  
Calvary North Adelaide Hospital,  
89 Strangways Tce,  
North Adelaide.

PO Box 2003,  
North Adelaide SA 5006

P: 08 8239 0119

E: [reception@marypotter.org.au](mailto:reception@marypotter.org.au)

W: [marypotter.org.au](http://marypotter.org.au)

#### Business Hours:

Monday-Thursday 9am to 5pm,  
and Friday 9am to 4pm

# ON SALE SOON



Tickets for the TelethonSA Home Lottery  
will be available March 2021



### 2021 TELETHON SA HOME & LAND LOTTERY

If you have purchased tickets in the past, you will be mailed information and an order form. Our March newsletter will include more information, or alternatively please call Morgan on **08 8239 0119**.

### THANK YOU

We sincerely thank the following groups, volunteers, and organisations for your recent support:

- SA Power Networks
- Adelaide Symphony Orchestra
- Adelaide Male Voice Choir
- St Peter's Woodlands Grammar School
- The Order of St John of Jerusalem
- Lauren Bartlett
- Wayne Baxter
- David Bedson
- Claire Blunt
- Helen Burns
- Russell Duncan
- Tony Harford
- Rose Hime
- Jeff Lanyon



*The Mary Potter Foundation  
is a registered charity with  
the Australian Charities and  
Not-for-profits Commission (ACNC)*

PRINT  
PARTNER



CLICK TO  
DONATE  
NOW