



I have been touched by the generous support shown for The Mary Potter Foundation over the Christmas period.



Many of your donations were made in memory of loved ones who had been cared for in the Mary Potter Hospice and your letters were very moving. Thank you.

And it was heart warming to confirm that many of our business leaders practise philanthropy on a personal level.

Your generosity dispels the myth that we live in an uncaring and selfish society.

This is a particularly exciting and busy time for The Mary Potter Foundation as we plan for two very special annual events – the Mary Potter Race Day at Strathalbyn in March and the Walk for Love in April. Both events promise to be a lot of fun whilst raising much needed funds to support the Hospice.

With your support I look forward to achieving a successful year for the Mary Potter Foundation,

**Elizabeth Clare**

## **Counselling & Bereavement Support An Integral Part of Hospice Care**

As many readers will know, the Mary Potter Hospice extends its care beyond the clinical needs of a patient to include counselling and support. The Patient and Family Counselling Service is based within the Hospice and its services are available to all patients and their families.

“I feel very privileged to work with people at such an intense time of their lives and to help them through the difficult journey they are facing” says Sarah Lawton, a qualified social worker who, together with fellow social worker Jo Lill, leads a team of five trained volunteers whose counselling roles are integral to the work of the Mary Potter Hospice.

Sarah, who has been working in similar roles for 20 years has been at Mary Potter for two years, whilst for Jo this is her first position since graduating from university. “I have had an interest in palliative care for many years – my father died of cancer when I was three years old so I like to support people and help them to live well while they are dying” says Jo.

Counsellors send cards to families of patients who have died – normally within two weeks of their death. People are encouraged to



*Above: Counsellors Sarah Lawton (left) & Jo Lill*

call the team if they are in need of support. Ongoing support is offered to grieving people on a regular basis – sometimes up to 12 months after the death of a relative or friend.

The Mary Potter Foundation provides funds to the Patient and Family Counselling Service to assist in training volunteers in bereavement counselling, and to provide ‘treasure boxes’ for little children to help them manage the grieving process. “We provide support to the whole family – including children” says Sarah.

For many people, the counselling and ongoing bereavement support is what makes the Mary Potter Hospice such a special place. “We have nothing but praise for the Mary Potter Hospice – they helped us through our grief and stayed in touch for many months” says a recent client.



## **In Memoriam Donations**

The Mary Potter Foundation sincerely appreciates your donations received in lieu of flowers at funerals. Your gift will be an ongoing tribute to someone you love and will assist the Hospice in caring for people with terminal illness and counselling and support for their friends and families.

## OH&S Training for Volunteers

Volunteers of the Mary Potter Foundation were given training in manual handling and fire and other emergencies prior to the annual Christmas party in December.

Pictured bottom left: Op Shop volunteers Pat Green and Billie Henderson with Christine Racar from Eldercare Inc who presented the training lecture. Pictured bottom right: Gwen Scholz (left) and Beryl Hosking received their 10 year volunteer long service award from Sr Anne Sheridan LCM (centre) during the Volunteers' Christmas Party.



## Hilary Says Good Bye!

In January the staff and volunteers of The Mary Potter Foundation farewelled Hilary Pollett (pictured), who had spent 12 months working as Events Coordinator.

"We will miss Hilary" said Executive Director Elizabeth Clare. "She is extremely hard working with great organisational skills – and has a great sense of fun."

Hilary is looking to return to working in the seniors accommodation sector following a short holiday with her family.



## Congratulations to Commendatore Aldo Crotti OAM - Philanthropist

The Mary Potter Foundation was proud to learn that patron Aldo Crotti OAM was awarded the Italian honour of Commendatore, Order of the Merit of the Republic of Italy. The award was presented to Mr Crotti at a reception at the Town Hall hosted by the Lord Mayor of Adelaide.

Mr Crotti was also nominated for Senior Australian of the Year – SA in this year's Australia Day Honours in recognition of his philanthropy to several South Australian organisations, including the Mary Potter Foundation. Aldo Crotti is pictured presenting a \$20,000 donation to Executive Director Elizabeth Clare in December last year.



November 25, 2006

Mary Potter Foundation Inc  
ATTN: Elizabeth Clare, Executive Director  
PO Box 2003  
North Adelaide SA 5006

Re: In memory of Laurie Santos Ehrke

Dear Ms. Clare,

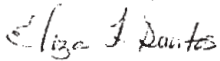
During August and September of this year, the Mary Potter Hospice at Calvary Hospital cared for my daughter, Laurie Santos Ehrke. Though it was a difficult time for Laurie, as well as for our entire family, the doctors, nurses, and volunteers helped ease that time for us all.

From Laurie's requests for 'red jelly' to the extra linens provided for our overnight stays - we will always be grateful for the attentiveness and compassion that was shared by everyone at Mary Potter.

Many of Laurie's friends and family in the States could not be in Australia to see the wonderful work that you do, but they heard about it from Laurie. They wanted to help with your mission with this gift.

Thank you.

Sincerely,

  
Eliza F. Santos



## Laurie's "Lust for Life's Precious Gifts"

This letter and photo have been reproduced with the kind permission of Laurie's family. Laurie passed away in the Mary Potter Hospice in September 2006. The photo was taken in the Clare Valley in May when Laurie wanted to take advantage of a beautiful sunny day in South Australia. "Laurie had a wonderful love and lust for life's precious gifts. The verse\* was something that Laurie illustrated herself and had by her bedside at Mary Potter" said Laurie's sister Cathy who lives in Brooklyn, New York.

\*Psalm 30 verses 11-12

## Congratulations to Dr Mary Brooksbank

Mary Potter Hospice Medical Director Mary Brooksbank was named the winner of the South Australian of the Year – Health Award at the annual SA Great awards night in November. Mary was recognised nationally and internationally as a leader in the field of palliative care in addition to her involvement in post-graduate and under-graduate medical education in palliative care. Well done Mary!



PICTURE COURTESY BRYAN CHARLTON



Ecumenical Services will be held in the Chapel at the rear of Calvary Hospital North Adelaide on the following dates:

Thurs. 1st Feb. 2007 1.30pm

Thurs. 3rd May 2007 1.30pm

Thurs. 2nd Aug 2007 1.30pm

Thurs. 1st Nov 2007 1.30pm

Everyone is welcome to attend. For enquiries about memorial services please contact Pastoral Care at Calvary Health Care on 8239 9100

# VILI'S

*Taste the difference*

## Vili's Hot Cross Buns

supporting  
The Mary Potter  
Foundation this Easter

Part proceeds from each packet of Vili's Hot Cross Buns sold this Easter will benefit The Mary Potter Foundation.

We wish to sincerely thank Vili Milisits OAM for his support of The Mary Potter Foundation.

## Findon Community Group Donate Funds

Executive Director, Elizabeth Clare pictured with board members of the Findon Community Group who donated \$5,000 for the purchase of an electrically operated bed and bolster to the Mary Potter Foundation in early December.



## Thanks Adelaide Crows!

The Fra Angelico Creative Arts Program in the Mary Potter Hospice received a boost with a \$3,000 donation from the Crows Foundation – the fundraising arm of the Adelaide Football Club set up to assist children.

The Creative Arts Program helps patients and their families to create artworks that provide loving mementoes. Children in particular find the program therapeutic as it assists them to express their grief in ways that words cannot.

## The Loving Tree Lights Up!

Just over 1000 people enjoyed a balmy evening of carols in early December before watching Oliver von Doussa (ably assisted by Channel 9 personality Keith Conlon) light the Mary Potter Loving Tree.

Prompted by Keith, Oliver recounted how he and his mother stayed in the Hospice with his late father Alex at Christmas three years ago.

"I am sure dad is watching tonight and will be proud of me" he said as he turned on the lights.

The 2006 event raised \$25,000 for the Mary Potter Foundation.

ETSA Utilities



Above: CEO of ETSA Utilities Lew Owens (left) CEO Calvary Health Care Adelaide Francis Chia, Keith Conlon and Chairman Mary Potter Foundation Danny Watson (far right) pictured following the Lighting of the Loving Tree



PICTURE COURTESY BRYAN CHARLTON

## The Mary Potter Foundation Race Day



**Milne Road, Strathalbyn  
Wednesday 21st March 2007**

**Fine wine, gourmet barbecue  
Bus available from Adelaide  
Book early - don't miss out!**

See enclosed flyer for booking details.

## Join us in our Annual Walk for Love

It's time to start preparing for the Mary Potter Foundation's Annual Walk for Love, being held on Sunday April 22nd. This year there will be some changes. Those wishing to register on the day may do so at 9.30am with the starting time scheduled for 10am.

Registration fees  
(including a free Mary Potter tote bag with goodies):

**Before 22nd April:**

Adults: \$10.00

Children & Concessions: \$5.00

**Registration on the day:**

Adults: \$12.00

Children & Concessions: \$7.00

This year the event will follow the usual route through the leafy streets of North Adelaide but will conclude with a sausage sizzle in Wellington Square thanks to our friends from the Rotary Club of North Adelaide.



Annette Day (above) who last year won the ladies' highest sponsorship award is keen to participate in her 20th Walk for Love. "I love taking part, I wouldn't miss it for anything and I encourage all my family and friends to come along too" she said.

Sponsorship and entry forms are enclosed and extra copies can be obtained by phoning The Mary Potter Foundation on (08) 8239 0119

## Entertainment Books

Early birds will save even more if they purchase their 2007 Entertainment Books before the 29th of March. See the enclosed flyer for more information.

Fundraising Officer Michelle Jewels (right) is pictured with a Certificate of Achievement presented to the Mary Potter Foundation for outstanding sales efforts during 2006.



## Many Thanks...

Sincere appreciation is expressed to the Springfield Help for Small Charities group who have donated three Graseby morphine pumps valued at \$5000 to The Mary Potter Hospice.



## The Lions Club of Glenside Annual Art Show

**16th - 20th May 2007  
Burnside Ball Room, Tasmore**

To be officially opened by  
Lady Mary Downer Patron of The Mary Potter Foundation  
Wednesday 16th May 2007, 7.30pm

**Proceeds to The Mary Potter Foundation**

Further details from The Mary Potter Foundation on  
(08) 8239 0119. Artists enquiries welcome.

## Upcoming Events

### THE MARY POTTER FOUNDATION

**Badge Day**

Glenelg, Thursday 22nd  
February 2007

**Mary Potter Race Day**

Strathalbyn  
Wednesday 21st March 2007

**The Mary Potter Walk for Love**

10am, Sunday 22nd April  
2007

For more information on the  
above events please phone  
(08) 8239 0119

## Upcoming Events

### CALVARY HOSPITAL AUXILIARY

**Police Band Concert**

Burnside Concert Hall  
Sunday Afternoon April 15th

For more information phone  
Nora Arnfield on (08)  
84472242 or Margaret  
Clifford on (08) 83795831

## Telethon Lottery

Sales of the 2006 Home and Land Lottery by Mary Potter Foundation volunteers reached \$32,000 - improving on the previous year's sales by over 20%. Congratulations to the volunteers for this wonderful achievement.

Details of the winners can be found on the Telethon website at [www.telethon.com.au](http://www.telethon.com.au)

The 2007 Pick a Prize lottery will open in late February - look out for ticket information in the May edition of 'Mary Potter Matters' or phone Paula Martin at the Mary Potter Foundation on (08) 8239 0119 if you would like tickets posted to you.

Paula, (pictured right) who has been working at the Foundation for 12 months as a clerical officer, is now coordinating the sales of the 2007 Telethon lotteries.



## Privacy Policy

The Mary Potter Foundation respects the privacy of its donors and does not disclose information about them to any third parties. Procedures are in place to ensure that information that is known or kept on file is kept confidential. We also respect the rights of people who wish to donate or bequeath to the Foundation anonymously. If you do not wish to receive a newsletter or letters from the Mary Potter Foundation, please phone the office on (08) 8239 0119 or write to us at Post Office Box 2003, North Adelaide SA 5006.